

Sanibel Lighthouse

photo provided

Documentary Showing

The Sanibel Historical Village documentary, *Secrets and Stories of the Sanibel Lighthouse*, will be shown on Tuesday, May 3 at 7 p.m. in Connie Brown Hall at the new Tribby Arts Center at Shell Point Retirement

Community. The public is welcome.

The Sanibel Lighthouse is one of the area's most recognizable landmarks, and it has a unique and largely unknown history. Shell Point's Academy of Lifelong Learning has partnered with the Sanibel Historical Village to introduce this documentary that will take viewers on a journey through rarely seen historical

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Rock And Classical Strings At Local Venues

The Southwest Florida Symphony will conclude its 60th anniversary Diamond Jubilee season with a Brave New Chamber Music series touring Lee and Charlotte counties.

Rock & Roll and the String Quartet: Remastered Themes and Variations features guitarist, singer, composer, arranger and storyteller Andrew Lipke with the quintessential classical chamber music ensemble. The string quartet has transcended genres and broke free from its traditional roots to become a vital part of influential folk, rock and popular music.

One of the most popular forms in classical music is theme and variations, where a series of variations within a piece features a familiar or original theme. Often, these variations become increasingly complex and drastically different from the original theme as new ones are introduced.

"In this program, we find that a 16th century melody from Austria has a modern day variation in a folk song by



Andrew Lipke

photo by Chris Sikich

Paul Simon; that a 19th century melody from France has a variation in a hit by Elvis; that a Brazilian jazz tune has a set of classical variations hiding inside; that every melody, harmony and even every lyrical passage has countless hidden variations waiting to be revealed," said Lipke.

Performances will take place at four Southwest Florida venues: Shell Point's

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Lambertus "Berry" van Boekel installation at the 2021 grant show

photos provided

Receptions During Art Walk

Two art exhibitions will be on display at the Sidney & Berne Davis Art Center (SBDAC) in May with an opening night reception during Art Walk on Friday, May 6 from 6 to 10 p.m.

The City of Fort Myers Public Art Committee Biennial Individual Artist Grant Recipients show will be held in the downstairs Grand Atrium, while an exhibit titled Embracing Stillness, a group show that explores the art of still life, will be

on display upstairs in the Capital Gallery. Both shows will remain on view through Friday, May 26.

The City of Fort Myers strives to encourage artistic quality and program innovation, to develop new audiences and to challenge existing audiences, through its annual individual artist grants. The exhibition showcases the work of visual and performing artists who received grants from the City of Fort Myers in 2020 and 2021. The show will be headlined by artist Lily Hatchett performing her renowned Paper Grotto Live! to musical accompaniment by Kat Epple. It will also



Leo and Krista Johnson installation at the 2021 grant show

feature a 3:36-minute trailer of multi-Emmy recipient and nominee Connie Bottinelli's new film *Driving Mrs. M* as well as a durational performance poem by FGCU English professor and Ghostbird Theatre Company co-founder James Brock.

Also included in the show will be work by local artists Katherine Boren, Patricia Collins, Stephen Hayford, Krista Johnson, Leo Johnson, Leila Mesdaghi, Dana Roes, Terry Lynn Spry, Lambertus "Berry" van Boekel and Roseline Young.

The exhibition Embracing Stillness is

education-inspired and bound to result in a prolific array of artworks from creators of varying skill levels. This is an open-call exhibition, inviting artists of all walks of life to produce art inspired by this subject. One of the most effective and widely used educational tools for artists is practicing still life, which is defined as creating art depicting a subject that is inanimate or dead. Most artists are exposed to this practice frequently in order to help hone their skills, while others consider it their preferred subject matter. In either case,

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Historic Downtown Fort Myers, Then And Now:

An Exchange Of Properties And Corners



by Gerri Reaves, PhD

Pictured on the postcard circa 1920 is the home of Walter G. and Carrie Watson Langford on the southwest corner of First and Fowler. The Langfords built this two-and-one-half story redbrick and white-masonry bungalow in 1919. The architectural style was atypical for the time, when Mediterranean-Revivalist style was gaining in popularity. The large porches, hip-roof and full-story dormers, gorgeous interior woodwork, and grand staircase are but a few of the notable features.

The couple both came from legendary South Florida families. Carrie was the daughter of the infamous Edgar Watson, immortalized by author Peter Matthiessen in a series of novels, *Killing Mr. Watson*, *Lost Man's River*, *Bone by Bone* and National Book Award winner *Shadow Country*.

Walter was a member of a prominent cattle-dealing family. In fact, his father, Dr. Thomas E. Langford, was one of Florida's leading cattlemen. He inherited wealth and a sound business sense, and his ability to persuade wealthy northerners to invest in South Florida was said to have attracted more outside money to the city than any other businessman of his time.

Walter was instrumental in persuading the Atlantic Coastline Railroad to extend its route to Fort Myers in 1904. He served as the first president of the First National Bank, organized in 1907 as the Lee County Bank, until his death in 1920 at age 47.

So how did he come to build the beautiful house he barely had time to enjoy before he died so young?



This circa-1920 postcard image shows the Langford home on the southwest corner of First and Fowler. It was moved across Fowler in 2003 and is now known as the Langford-Kingston Home.
photo courtesy SWFL Historical Society



The former Langford site will be part of an apartment complex that is now under construction
photo by Gerri Reaves

In 1917, Langford had purchased what was then known as the John T. Murphy home, built in 1900-01 on the northeast corner of First and Fowler. He subsequently substantially renovated the property and the Langfords lived there until he and Howard Cole, a wealthy seasonal resident devised a property exchange.

Cole, a prominent Wall Street real estate man, already owned the corner property shown in the photos. In the late 19-teens, a large wood frame house stood there.

Between November 1917 and February 1918, Langford and Cole orchestrated what the *Fort Myers Press* described as the "largest single residence property exchange" in the town's history, which amounted to about \$50,000. Cole took possession of Langford's property and vice-versa, on diagonally opposite corners.

Langford's payment to Cole in February 1918 is listed on the deed as one thousand dollars and "other valuable contributions."

Walter G. Langford died in November 1920, only a year after his family's new brick house was completed. In March 1925, the Langford family sold the house to George Kingston, inventor of the Kingston carburetor.

In 1953, the First United Methodist Church purchased the house and converted it to church use. However, decades later, it decided the house did not fit into its growth plans.

History lovers rallied to save the house from demolition. The Lee Trust for Historic Preservation, Inc. raised funds to relocate and restore the house, and the city secured a state grant for the project. The house was donated to the city.

In 2003, the Langford-Kingston home was moved across Fowler Street to its current corner location directly across from the Murphy-Burroughs Home.

In 2012, First United Methodist Church ended its 144-year history and sold the property to another Methodist congregation. However, that church soon sold the large property to a developer, who demolished the church buildings, destroyed the large shade trees and begun construction of an apartment complex.

Walk to First and Fowler to see the first site of the Langford-Kingston house – and the relocated house on the opposite corner. Then visit the following two research centers to learn more about a high-level, real estate trade involving two historic homes now owned by the city.

The Southwest Florida Historical Society is an all-volunteer, nonprofit
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The Assembly Required team celebrates after winning the state championship

photo provided

Robotics Team Captures State Championship

The Edison and Ford Winter Estates FIRST LEGO league division robotics team, Assembly Required, competed in the State Championship on April 2 in Niceville, Florida and won the Innovative Project Award.

The team has now advanced to the

FIRST LEGO League World Festival in Houston, Texas from April 20 to 23 for overall performance.

To help fund the trip to Texas, the team is accepting donations. To donate, visit www.edisonford.org and select the education option on the donate page, or call 334-7419. The team is currently sponsored by Entech, Graveyard Shift Screen Printing, Ronin Southwest Florida, the Scientists' Society of Southwest Florida and TLC Engineering Solutions.✱

Play Auditions At Broadway Palm

Broadway Palm is holding open auditions for local adults and young adults for their upcoming summer production of *The Wizard of Oz* on Saturday, April 30. Ages 14 to 17 will audition at 10 a.m. Ages 18 and older will audition at 2 p.m.

Auditions are on a first-come, first-served basis. A sign-up sheet will be available at 9 a.m. for ages 14 to 17 and at 1 p.m. for ages 18 and older. No appointments will be taken. This is a local audition for actors living in the Southwest Florida area. No housing will be offered for those hired from this audition.

Anyone interested in auditioning should bring a current headshot and resume. Those auditioning need to be prepared to sing 16 bars that best show

off vocal range. Bring sheet music in the proper key. An accompanist will be provided for all singing auditions; no recorded music is accepted. Songs should be in the musical genre of *The Wizard of Oz*. After the vocal audition, adults and children may be asked to attend a dance and/or reading audition. Wear clothes you can move in and bring dance shoes, either jazz shoes, sneakers or character heels.

Broadway Palm is a professional theatre. Productions require a two-week rehearsal process with rehearsals daily. Anyone interested must be available for the two-week rehearsal process and all performances. Performances are Wednesday through Sunday evenings with selected matinees. Performance schedules are available at www.broadwaypalm.com.

Broadway Palm is located at 1380 Colonial Boulevard in Fort Myers. For more information, visit www.broadwaypalm.com or call 278-4422.✱

Mother's Day Pop-Up Flower Shop At Estates

To celebrate Mother's Day on Sunday, May 8, a pop-up flower shop will be available at Edison and Ford Winter Estates from 9 a.m. to 2 p.m.

Fresh-cut flowers will be available for visitors to select and make their own bouquets on site or choose from the designer's choice of floral arrangements.

The flower shop is a collaboration between Anita Singh (the winner of the Art in Bloom 2022 art show), Floral Artistry of Sanibel and Edison and Ford Winter Estates.

The flower shop will be located at the visitor pavilion, near the ticket office.

An admission ticket is not required to visit the flower shop.

Pre-ordering flowers is recommended by contacting Singh at asingh@edisonford.org.

Edison and Ford Winter Estates is located at 2350 McGregor Boulevard in Fort Myers. For more information, visit www.edisonford.org.✱



Anita Singh makes floral arrangements at Edison and Ford Winter Estates

photo provided



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Fort Myers Art:

Spotlight On 2022 Grant Recipient Show Artist



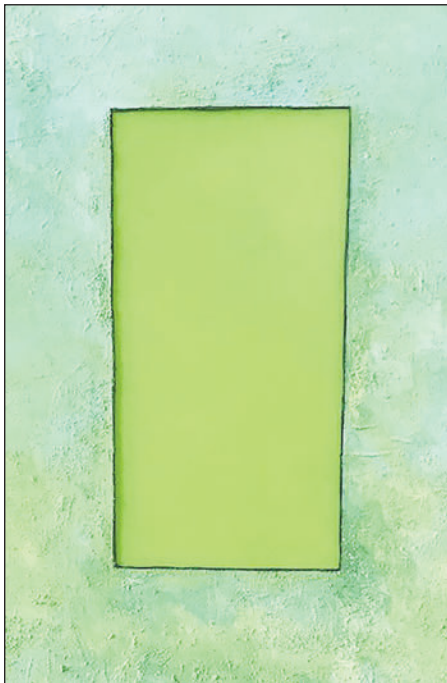
by Tom Hall

Katherine Boren is an abstract and textural relief-collage artist. By employing a monochromatic palette and combination of nontraditional, unexpected

materials, her works emphasize the reflection of light, varying textures and shapes, and differing grades of color saturation.

“My current work experiments with multiple mediums in two dimensions,” Boren shared. “It is also influenced by personal, local and world events.”

Her composition *Water View* is an illustration of the latter theme. It is a mixed media piece that includes sand culled from the shore of Sanibel Island. The majority of the canvas transitions from soft turquoise to the luscious, mottled emerald green you would see from a drone or dangling from a parasail high above the tranquil waters off the white sandy beaches of Pensacola, Fort Walton Beach or



Water View by Katherine Boren

image courtesy www.artswfl.com

Destin. The waters west of Sanibel and Captiva were once that color too. And that part of *Water View* “celebrates the beauty of the water the way it once was and could be again if we all do our part in caring for our community and planet,” said Boren.

But *Water View* also contains a rectangular field of color that resembles the color of the clumps of the biological gunk that issues from the mouth

of the Caloosahatchee, Estero and Imperial rivers. In fact, that rectangle of color might very well serve as a symbol for Lake Okeechobee, which is regularly blanketed by a thick mat of cyanobacteria just waiting to be released into the Caloosahatchee by the Army Corps of Engineers, which is charged with responsibility for discharging millions of gallons of nutrient-enriched lake water into the Caloosahatchee and St. Lucie rivers in order to preserve and protect the integrity of the dikes surrounding the lake. If the releases are large enough, the algae will flow all the way into the Gulf of Mexico, where the algae-laden freshwater will mix with the ocean’s saltwater, stimulating a chemical reaction that often spawns red tide.

For centuries, artists have striven not only to draw attention to the pressing problems plaguing mankind, but to challenge us to find and implement solutions that will preserve, protect and improve ourselves, our environment and our understanding of the human condition. From within this framework, *Water View* can perhaps best be viewed as a clarion call for better water quality stewardship – not just from political leaders and governmental agencies, but each of us, individually and collectively, as citizens of planet Earth.

Or as Boren puts it, each of us must “do our part in caring for our community and planet.”

Some of the other works that Boren will include in the 2022 Biennial Individual Artist Grant Recipient Exhibition – which opens at the Sidney & Berne Davis Art Center on Friday, May 6 at 6 p.m. and runs through Friday, May 26 – include the mixed media pieces titled *Living Waters*, *River of Grass Interrupted*, *An Artist’s Dilemma* and *Entry*, along with five acrylic-on-canvas paintings, *Skin in the Game*, *Flesh*, *Summer on Edge*, *Spring Interrupted* and *Spring Hovering*.

She regularly exhibits at venues throughout Southwest Florida. She enumerates all the shows in which her work has been featured since 2009 on her website.

Originally from New York, Boren

studied at New York University and The New School, graduating from State University of New York with a bachelor of fine arts with an emphasis in sculpture. She has served as executive director of the Young Artists Awards and advisory director and past president (2009) of Lee County Alliance for the Arts. She received individual artist arts and culture grants from the City of Fort Myers in 2010, 2011, 2013, 2014, 2017, 2018, 2020 and 2021.

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.**

Beach Officials Confirm Fireworks On Fourth Of July

The Fort Myers Beach Town Council recently approved action to continue the Beach tradition of hosting a parade and fireworks on Independence Day, Monday, July 4.

Town councilors approved a resolution to piggyback on the City of Marco Island’s contract with Exposhow, Inc. for the Town’s Fourth of July and News Year’s Eve displays. Cost is not to exceed \$60,000 for both shows.

The town officials also approved the closure of the Matanzas Pass Bridge on July 4 from 9:30 to 11:30 a.m. for the parade and 9 to 11:30 p.m. during the fireworks and after for traffic coming onto Estero Island.

Details about the July 4 parade and fireworks will soon be posted on social media outlets and the town’s website at www.fortmyersbeachfl.gov. Personal displays of fireworks are not permitted at any time on Fort Myers Beach.

This will be the second consecutive year that there will be town-issued fireworks on July 4. The event was canceled in 2020 due to the COVID-19 pandemic.*



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Receptions

exploring the art of still life is essential in an artist’s development of skill and style.

By hosting a juried exhibition with an emphasis on a basic subject such as still life, SBDAC can encourage both emerging and established artists to go beyond comfort zones and learn something new in the process.

The Kelly Neff Band will be featured on the rooftop at Sidney’s Rooftop Sculpture Garden that evening.

The Sidney & Berne Davis Art Center is located at 2301 First Street in downtown Fort Myers. For more information, visit www.sbdac.com/art-landing-2022 or call 333-1933.*



Work by Doug Shemenski in the Embracing Stillness exhibit

McKINLEY WILLIAMS

TWO WAYS THE RICH GET RICHER: PRIVATE PLACEMENTS AND PIPES

One way the rich get richer is through Private Placements (or Non Public Offerings). These are generally sold to institutions, accredited investors, or select individuals.

Unfortunately - many people do not qualify, because they are not an accredited investor. An accredited investor is an individual who has an annual income of \$200k and a net worth of a million dollars not including their home, or a married couple with a joint income of \$300k with the same net worth requirement of a million dollars not including their home. Additionally, most financial advisors only present private placements to their largest clients (i.e. the ones they make the most money from). The exemption is that there are a maximum of 35 non accredited investors who may participate. In all cases the investors must be able to evaluate the quality, merit, and be able to understand the risk associated with investing in Private Placements.

Private Placements are the original seed money of the majority of publicly traded companies. For example, if ABC COMPANY wants to raise 100 million dollars they can sell the shares at one dollar per share, but the investor must invest a minimum of \$100k to be able to participate. Albeit it may seem like much; your profit can dwarf the original investment. How? Because if the syndicate (or group of wall street investment banks who are managing the deal) decide to take the company public at twenty dollars per share your 100k is now worth two million dollars. That's right 2 million dollars.

The gamut of Private Placement Deals can range from: REITs (Real Estate Investment Trust), oil wells and natural gas, equipment trust leasing, technology deals, etc.

No matter how much technology there is; business is still people. If your financial advisor has NEVER offered you a private placement or doesn't have access to them - consider changing advisors. They are selling you propriety products or "Stuff" that's in the firms inventory. *I'm being professional when I say "Stuff."

Private Placements are not for the faint at heart, because it is a noncorrelated asset. Which means that you cannot track it through Wall Street until it becomes publicly traded. We call it cement money, because once your money is invested you cannot get it back unless the company goes public or some other larger corporation buys it out. If you want to get in on the next Twitter or Facebook and get in on the ground floor; Private Placements are the way.

The other financial instrument that the rich use to increase their wealth is Private Investments in Public Equity (Companies)

PIPES are when institutions or an accredited investor buys stock directly from a publicly traded company. How can they do this when everyone else has to buy stock in the open market? I'll tell you in one word "RELATIONSHIP."

I mentioned that if you are going to invest in anything there are certain relationships that you must cultivate with a few players on Wall Street...but let me give you an example of investing in a PIPE.

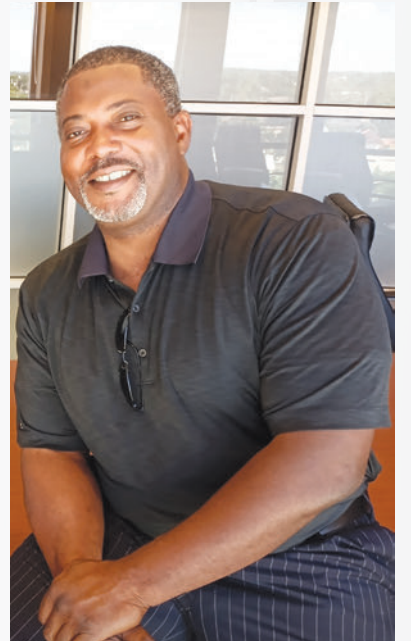
ABC corporation is trading at 100 dollars per share and the investor is purchasing the stock at 90 dollars per share. This basically gave the accredited investor a ten percent discount to market. which means that he/she is already profitable because the cost basis is ten percent below the market price.

Public companies often have PIPES available, but most financial advisors use this as a way of rewarding their best clients for doing business with them. Even in a direct purchase stock plan there is NO DISCOUNT TO MARKET. Conversely, the very definition of a PIPE immediately rewards the investor by allowing them to purchase stock at a discount to the stock market.

These are just a couple of investment instruments that most people are not privy to. You are only as profitable as your financial advisor's contacts. Forget the charts, trends, regression analysis, etc...and focus on does my financial advisor have access to savvy individuals in the capital markets (i.e. Wall Street)? Your answer should be an emphatic resounding yes. If it isn't...then find an extra advisor to add another proverbial arrow to your financial quiver.

I am, Financially Yours,

McKinley Williams



Scholarship Fund Dinner Benefits Disabled Citizens

Lee Association of Remarkable Citizens (LARC) 2nd annual fundraiser benefiting The Lori Carroll-Collins Scholarship Fund at Misty Morning Barn raised \$250,000 recently.

The evening included a five-course dinner created by celebrated local chefs Mike and Karen Gavala of G3 Catering. Guests experienced wine pairings from sixth-generation winemaker Clay Mauritson, founder and owner of Mauritson Wines in Healdsburg, California.

News anchor Kellie Burns of NBC-2 and Southwest Florida writer, actor and director Stephanie Davis emceed the event. Scott Robertson was the auctioneer. Local businesswoman and entrepreneur Diana Willis chaired the event. Marc Collins, Lori's husband, was the honorary chair. Sponsors included Richard and Vicki Pitbladdo, Dwayne Bergmann Interiors, Gulf Star Marina, Marc Collins, Diana Willis of Trinity Commercial Group, Siesta Pebble, Lee Health and LJ Zielke.

"The success of our second annual Lori Carroll-Collins Scholarship event is a tremendous opportunity to impact more lives where their abilities will shine more than their disabilities," said Willis. "The community at large is a wonderful benefactor in utilizing the talent among



From left, Ian Norris, Randall Barber, Todd Swaney, Eliot Perez, Juan Santiago, Angela Katz, Marcia Ross, Jane Lane, Donna Lovejoy, Shavon Chester and Nicole Nunez photo provided

LARC's growing participants."

Honorary chairs for the 2023 event are Richard and Vicki Pitbladdo. The 2023 event chairs are Tim and Sandy Youngquist, Jim Wells and Pamela Cronin.

The family of Lori Carroll-Collins established the scholarship fund in memory of her. A resident of Fort Myers for 35 years, Carroll-Collins cared deeply

for her community and people in need, and led her life by example when it came to generosity and philanthropy. The fund helps bridge financial gaps and allows individuals with intellectual and developmental disabilities to access innovative services offered by LARC.

"We are so grateful for the support of our attendees, sponsors, event committee, chefs and winemaker," said

Angela Katz, LARC executive director. "Lori's scholarship fund is offering hope to those seeking to maximize their independence and employment success, and may have no other means to get the support they need. Lori's fund has already provided scholarships for programs including Supported Employment, Adult Day Training and System Navigation. Every recipient is a success story."

Donations can be made to the scholarship fund online at www.larccounty.org. For more information, visit www.larccounty.org, call Katz at 334-6285 ext. 210, or email angelakatz@larccounty.org.

From page 1

Documentary

footage. Viewers will discover the strong connection the lighthouse has to many island institutions.

The documentary premiered at the historical village gala on February 22. "If you missed the gala, this is an opportunity to see the documentary that was so well received," said Emilie Alfino, historical village executive director. "I would say this is a four-star film not to be missed."

Tickets are \$15 per person. Call the Tribby box office at 415-5667 Tuesday through Saturday from 10 a.m. to 3 p.m. Tickets will also be available at the door.

Tribby Arts Center is located at 17281 On Par Boulevard in Fort Myers. For more information, call 472-4648.*

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION
Service 10:30 a.m. in house and live on Facebook. Adult Ed Forum 9:15 a.m. in Sanctuary, www.allfaithsuu.org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC
Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX
Sunday 9 and 10 a.m., www.annunciation.fl.goarch.org, 8210 Cypress Lake Drive, 481-2099.

BETH YESHUA MESSIANIC SYNAGOGUE
Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE
10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

CHABAD LUBAVITCH ORTHODOX
Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE
Sunday 10 a.m., www.revtedalhouse@aol.com 10200 Cypress Cove Circle, 850-3943.

CHAVURAT SHALOM
Friday Shabbat services every week 7:30 p.m. Other programs on vacation. ChavuratShalom@gmail.com.

CHURCH OF THE CROSS
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

COVENANT PRESBYTERIAN
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY
Sunday 8 and 10:45 a.m. Jan 1 – Easter; 9 a.m. after Easter – Dec 31. www.crownoflifelutheran.com. 5820 Daniels Pkwy, 482-2315.

REDEEMER CHURCH
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN
Sunday 9 and 11 a.m. English, 10 a.m. Spanish. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST
Sunday 9 and 11 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE
Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FORT MYERS CHRISTIAN CHURCH
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST
Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF FORT MYERS
11 a.m. Sunday, www.fpcfortmyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

LAMB OF GOD
Sunday 7:45 and 10 a.m., www.lambofgodchurch.net, 19691 Cypress View Drive, 267-3525.

NEW HOPE PRESBYTERIAN
Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY
Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN
Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD
8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER
Meditation classes. www.MeditationInFortMyers.org, 567-9739.

SAINT COLUMBKILLE CATHOLIC
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE METROPOLITAN
Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY
Sunday 9:30 a.m., www.saintnicholasmonast

[ery.org](http://www.ery.org), 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST
Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETH EL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)
Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE FAITH CENTER
Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

THOMAS A. EDISON CONGREGATIONAL
Sunday 10:30 a.m., www.taec.com, 1619 Llewellyn Drive, 334-4978.

UNITARIAN UNIVERSALIST
Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS
Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH
Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

WORD OF LIFE
Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN
Saturday 5 p.m.; Sunday 8, 9:30 and 11 a.m., www.zionfm.org, 7401 Winkler Road, 481-4040.

*Email changes to press@islandsunnews.com or call 395-1213.**

Plant Smart

Purple Fountain Grass

by Gerri Reaves

Purple fountain grass (*Cenchrus advena*) is a short-lived ornamental grass with feather-like inflorescences and leaves of purple to burgundy.

Use it as a groundcover or fill space with swathes of color.

This species is not native to the state but is deemed Florida-friendly, as long as a non-seeding cultivar is planted because it can be invasive.

It reaches two to five feet high, and is an alternative to high-maintenance turf grass.

The narrow leaves are one to two feet long and only a quarter- to a half-inch wide. As the common name suggests, the leaves form a fountain-like shape, with some arching out to touch the ground.

Leaf sheaths have smooth hairless surfaces.

The inflorescence is a flexible, or nodding, panicle, nine to 13 inches long. The axis of the panicle bears deciduous clusters of spikelets.

The plumes can be dried and used in flower arrangements.

This plant prefers full sun and good drainage. It will grow in a variety of soils. Like most grasses, it is low maintenance.

Use it as an accent plant or as a background. It can be cut back periodically.



Purple fountain grass is a nonnative ornamental grass with feathery inflorescences photo by Gerri Reaves

It makes a good container plant too.

Grasses can be used to beautiful effect. Consider planting one of Florida's many native grasses that will benefit wildlife as well as beautify the yard.

Sources: *Florida Gardener's Guide* by Tom MacCubbin and Georgia B. Tasker; Florida, *My Eden* by Frederick B. Stresau; <https://gardeningsolutions.ifas.ufl.edu>; and <https://powo.science.kew.org>.

*Plant Smart explores the diverse flora of South Florida.**

Make Your Yard Gopher Tortoise Friendly

Even though Gopher Tortoise Day on April 10 has passed, you can still make your yard gopher tortoise friendly, according to the Florida Fish and Wildlife Conservation Commission (FWC).

With more than half of Florida land in private ownership, the FWC recognizes the critical importance of private property owners in wildlife and habitat conservation. The FWC's Gopher Tortoise Friendly Yard Recognition program honors Florida's private landowners for their positive impact on gopher tortoise conservation.

Landowners participating in the Gopher Tortoise Friendly Yard Recognition program receive a sign for their property and a certificate. Any Florida property owner can take steps to make their land gopher tortoise friendly. To apply for recognition, visit www.myfwc.com/gophertortoise.

There are additional ways you can help gopher tortoises:

Report sightings of gopher tortoises or notify the FWC of a sick, injured or dead tortoise;

Consider volunteering with the FWC on gopher tortoise conservation efforts. For more information on volunteering with the FWC or to request an application, email gtevents@myfwc.com;

If you see a gopher tortoise crossing



Gopher tortoises are a protected species photo provided

a road and it is safe for you to do so, you may pick it up and place it in a safe location along the roadside in the direction it was heading. Never put tortoises in water, as gopher tortoises can't swim like turtles can;

Remember that gopher tortoises are a protected species. It is illegal to harm a gopher tortoise, its eggs or its burrow, to relocate without a permit, or to possess a tortoise, its eggs, or any parts of a tortoise. Report wildlife violations to the FWC's Wildlife Alert Hotline at 1-888-404-3922.

Spring is an active time for gopher tortoises and many native wildlife species. Learn more by visiting www.myfwc.com/news and clicking on "Spring Wildlife News."**

Lee Water Quality Project Moves Forward

The Lee Board of County Commissioners has approved a contract to construct a project to reduce the levels of nitrogen and phosphorous from the Powell Creek watershed in North Fort Myers. Powell Creek is a tributary of the Caloosahatchee.

To lower pollutants, the Caloosahatchee estuary has a total maximum daily load (TMDL) designation for total nitrogen and an adopted State of

Florida Basin Management Action Plan.

The project will provide water quality improvements to the Powell Creek bypass canal prior to discharging to the Caloosahatchee through the construction of a filter marsh created by Thomas Marine Construction, Inc. The project will be funded with a \$774,000 grant from the Florida Department of Environmental Protection and \$215,893 from Lee County's general fund.

Construction is expected to be completed before fall.

Commissioners spend millions of dollars annually on projects to reduce pollutants in the estuary. To learn more about Lee County's water quality initiatives, visit www.leegov.com/water.

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Turn This Wind Off



by Capt.
Matt Mitchell

After yet another full week of high winds, hiding and getting it done required a few rough rides. Luckily, bait came easily and once out of the open bay,

fishing action was outstanding. Snook, trout and mangrove snapper kept the rods bent. With so many protected areas on the back sides of Sanibel, Captiva and Pine Island, we found lots of hungry fish even with less than perfect conditions.

On most trips, I would pick a protected bay and target the shorelines that had wind and tide moving together. Add some live shiners and it did not take long to locate feeding fish. Even a little shift in the wind direction opened up shorelines I hadn't fished recently, and the fish were there. Although we didn't land any monster snook, we had several opportunities and caught many right around that respectable 30-inch mark.

Many of these protected mangrove bays have lots of different fishing. Deeper shorelines and mangrove points are always a good bet for snook, while natural channels pushing onto shallow grass flats held trout and jacks. If not for the winds, I would not have worked these areas quite so thoroughly. Some



Emily from Virginia with a great mangrove snook she caught while fishing with Capt. Matt Mitchell this week photo provided

days, you just have to slow down and take what the day's conditions give you. Keeping everyone comfortable and

catching fish in these conditions is a successful trip. Despite the extreme wind, we have

lots of tarpon here even if they are a little harder than usual to locate. During a few calm morning hours, we found rolling tarpon at basically every stop we made in the bay. Reports of tarpon being caught have been coming in from all over including the river, out on the beach on the east end of Sanibel along with many of the usual places in the sound.

While fishing the Demere Key area of the sound earlier in the week, we watched hundreds of tarpon pushing around. After sitting for over an hour without seeing a single hookup, the wind switched to northwest and the fish ate. We were lucky enough to hook into a 150-pound-plus fish that quickly had a 100-yard head start on us while we cleared lines. After it had a few crazy big jumps, we kept the fish on while steering it around the many crab pot hazzards. Then roughly 10 minutes in, this giant tarpon went between two barnacle-crusted crab pots that were only five feet apart and parted ways. This was the first fish of the season hooked on my boat, and it quickly reminded me of the excitement and adrenaline rush these fish give us.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ✨

From page 2 Historic Downtown

organization open Wednesday and Saturday between 9 a.m. and noon. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Call 332-8778 for the hours or visit www.leecountyblackhistorysociety.org.

Also stop by the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: Archives of the Southwest Florida Historical Society, the Fort Myers Press and The News-Press. ✨

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Dave Doane with his co-worker Jesse

CROW Case Of The Week:

Gopher Tortoise

by Bob Petcher



The gopher tortoise (*Gopherus polyphemus*) is a terrestrial turtle with stumpy, elephant-like hind feet and shovel-like forelimbs that work the ground. In fact, these land-based

reptiles are so named due to their habit of digging large, deep burrows like the rodent of that name.

At CROW, an adult female gopher tortoise was admitted from Sanibel after being hit by a car. The patient suffered from shell fractures and needed surgery to flush its wounds and bandage them.

"Patient 949 suffered from a depression fracture, which is where a blunt force hits the top of the carapace and pushes fracture pieces into the coelomic cavity – often into the lungs," said Dr. Laura Kellow, CROW veterinary intern. "Radiographs were performed to evaluate the extent of the injuries, since sometimes these fractures can cause irreparable damage, and the patient was stabilized prior to surgery with pain medications, fluids to help replace blood volume, and started on antibiotics."

Despite what appeared to be a delicate area to work on, the surgery was deemed



Patient #22-949 during surgery to repair its upper shell

photo by Haillie Mesics

a success.

"For depression fractures, the goal of surgical stabilization is to bring all of the pieces up into normal alignment to allow for healing of the underlying tissues as well as the carapace. This involves administering strong pain and sedation medications and then placing the patient under general anesthesia," said Dr. Kellow. "A sterile Dremel (tool) is used to smooth away edges of keratin of the carapace, and then sterile surgical instruments are used to gently move the fracture pieces up and back into alignment. Often the shell stays when lifted, but in this case,

small pieces of foil tape were used to help stabilize the fracture and RediHeal, a product used to help promote healing, was used in the fracture defects."

Fortunately, there was no sign of major internal damage.

All depression fractures have some degree of internal damage since a tortoise's shell is the keratin outer layer followed by their bone. When these patients arrive at the clinic, we assess their ability to walk since some fractures may involve or cross the spine," said Dr. Kellow. "We also take radiographs to assess the degree of lung or other

organ involvement. We do blood work to evaluate the amount of blood loss, as well as to look for evidence of infection.

"Luckily, this patient's fracture did not involve the spine, and the patient was walking well on admission."

The patient needed 35 days of continued care.

"Post-operative care is just as important as surgery since infection is common in tortoises that suffer vehicle strikes, and these patients are often on antibiotics for weeks. The patient also had a feeding tube placed during surgery to allow for assisted feedings and for oral pain medications, since these patients often don't want to eat on their own right after surgery," said Dr. Kellow. "Fracture repairs in mammals, including humans, take six to eight weeks to heal. (Patient) 949's depression fracture stabilized really well after a month, and she was eating well after two weeks in care."

Not all gopher tortoises have such a favorable outcome after a vehicle strike, but this one did.

"Patient 949 was released in a safe place near where she was found on Sanibel by the students who helped care for her during her time here," said Dr. Kellow.

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.

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Donna Roberts and Samira K. Beckwith

photo provided

Funds Raised For Rainbow Trails Children’s Camp

More than 150 Hope supporters gathered recently at the annual Friends of Hope Luncheon at Bonita Bay Country Club. The sold-out event featured an afternoon of boutique shopping while raising over \$50,000 to benefit Hope Hospice and Rainbow Trails Camp.

The luncheon was hosted by Etta

Smith and Donna Roberts with honorary chair Signe Wynne. Sponsors of the event included Najla and Louis Lataif, John R. Wood/Sue and Roderick Price, and Mercedes-Benz of Bonita Springs.

Rainbow Trails Camp is an annual bereavement camp for children who have experienced the loss of a loved one. Led by Hope’s counselors, art and music therapists, and community volunteers, the camp offers activities to support the grieving process along with recreation, crafts and singing.

“People of all ages experience loss and express grief in different ways,” said

Samira K. Beckwith, Hope Healthcare president and CEO. “We created the Rainbow Trails Camp 30 years ago because we wanted to have a special place for children to interact with others who understand their loss and can help provide comfort, friendship and joy.”

With more than 40 years of experience as a local, not-for-profit

healthcare organization, Hope Healthcare is dedicated to providing care and comfort for people in life’s closing chapter. A compassionate team of staff and volunteers offers practical, spiritual and emotional support for the entire family. For more information about Hope Healthcare, Hope Hospice and Hope Kids Care, visit www.hopehcs.org.

Commissioners Award Grant To Help Homeless

The Lee Board of County Commissioners have accepted more than \$2 million in Continuum of Care grant funds from U.S. Department of Housing and Urban Development to provide housing and services to persons who are experiencing homelessness.

Funds are administered by Human and Veteran Services and local nonprofit agencies. About 2,970 individuals will be provided information, referrals, housing and supportive services. The allocation will be spent during fiscal years 2022 and 2023.

Commissioners have prioritized assisting people who are at risk of or experiencing homelessness.

Lee County Human & Veterans Services serves as a collaborative hub for resources – federal, state, local, private and nonprofit - designated to aid Lee County residents through supportive programs and services.

For more information on Lee County Human & Veterans Services programs, visit www.leegov.com/dhs. If you or someone you know is experiencing homelessness, call 533-7996.

cumulative averages from 2014 to present for this year’s results. The survey asked qualified subscribers to evaluate FBOs they visited the previous year in five categories: line service, passenger amenities, pilot amenities, facilities and customer service representatives.

Aviation International News is a monthly trade publication focusing on the business aviation market and covers news, features, special reports and survey results.

The Lee County Port Authority operates Southwest Florida International Airport and Page Field in Fort Myers. Page Field provides services to corporate, commercial and private aviators through their business arm, Base Operations at Page Field and accommodated more than 140,000 aircraft operations in 2021. No ad valorem (property) taxes are used for airport operation or construction, and both airports are funded solely with revenue generated from their operations. For more information, visit www.baseoperationsfmy.com.

Extension To File For Rescue Plan Funding

United Way of Lee County has extended the American Rescue Plan Act (ARPA) Intent to Apply, Risk Assessment and application deadlines to Thursday, May 6 at 5 p.m.

The extension allows applicants an additional two weeks to complete the Intent to Apply and Risk Assessment, and an additional week for the programmatic application. During this time, United Way’s Director of Grants and Contracts Dan Campbell will be available to assist interested agencies with questions regarding their application and process.

The Lee Board of County Commissioners allocated over \$16 million in ARPA funding to United Way to assist local, nonprofit agencies to expand social services. This exciting partnership provides organizations within Lee County the opportunity to apply for funding to assist individuals in the community who were negatively impacted by the COVID-19 pandemic.

Eligible agencies must be qualified to receive federal funds; have offered services to Lee County residents; have a service location(s) in the county; and delivered a project that responded to a public health or negative economic impact caused by the COVID-19 pandemic.

For more information, visit www.unitedwaylee.org or email arpa@unitedwaylee.org.

Page Field Base Operations Among The Best

Base Operations at Page Field has been ranked in the top five percent of fixed-base operators (FBO) in an international survey conducted by *Aviation International News* (AIN). This is the 10th consecutive year Base Operations at Page Field has been named a top FBO by AIN. Base Operations ranked first in the Fort Myers/Naples area and landed in the top 15 overall for FBO in the Americas.

“We appreciate being recognized as a top FBO for our attention to customer care and providing facilities that exceed the expectations of our guests at Base Operations at Page Field,” said Ben Siegel, CPA, CM, executive director of the Lee County Port Authority.

The FBO survey is conducted annually and asks pilots, flight attendants and dispatchers to provide feedback on the level of customer care at individual business and general aviation service providers throughout the U.S., Canada, Mexico, South and Central America and the Caribbean. AIN conducts the survey year-round online and calculated

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President Search Committee At FGCU

A 13-member committee has been formed to assist with the search for Florida Gulf Coast University's next president, according to Blake Gable, the chair of FGCU Board of Trustees.

The Presidential Search Advisory Committee (PSAC) will work with an executive search firm to attract a pool of highly qualified candidates to be considered for the university's top leadership role. FGCU's current president, Mike Martin, is retiring from his role at the end of the year.

"We have formed a very diverse and extremely qualified search committee to assist with finding the next great leader of Florida Gulf Coast University," Gable said, calling the group a "who's-who of FGCU supporters."

As required by the Florida Board of Governors, PSAC consists of a broadly representative group of stakeholders for the university. This includes students and alumni, faculty and staff as well as community partners and local leaders who depend on FGCU's mission, vibrancy and dedication to offering high-quality educational opportunities. The following members are on PSAC:

Edward Morton (chair), vice chair of FGCU Board of Trustees;

Grace Brannigan, FGCU Board of Trustees; FGCU Student Government president;

Joseph Catti, founder, director, president and CEO of FineMark Holdings, Inc., and FineMark National Bank & Trust;

Ashley Coone, founder and president of Ashley Coone Consulting; DeSoto County Board of Commissioners;

Richard P. Eide, Jr., FGCU Board of Trustees;

Darlene Jordan, Florida Board of

Governors;

Gail Markham, partner, Markham Norton Mosteller Wright & Company, PA;

Tina Matte, counsel, Gravina, Smith, Matte & Arnold;

Luis Rivera, FGCU Board of

Trustees;

Dr. Rebecca Totaro, FGCU associate dean of curriculum and assessment; English professor;

Dr. Arie van Duijn, FGCU associate professor and program director of the doctor of physical therapy program;

Kristen Vanselow, FGCU assistant vice president for innovation education and partnerships; and

Charles Winton, president of Estero Bay Chevrolet.

The PSAC will meet for the first time in the Cohen Student Union Ballroom at 8:30 a.m. Wednesday, April 13.

A livestream video will be available through FGCU's presidential website, where the meeting's agenda and public comment instructions have been posted, at www.fgcu.edu/presidentialsearch.

During the coming months, the committee will develop a search timeline, create a position profile, assist with marketing the position, vet applicants, interview the most qualified candidates and provide the board of trustees with more than two qualified applicants for consideration.

FGCU's Board of Trustees will then conduct final interviews and select a new president, subject to final confirmation by the board of governors.

FGCU is located at 10501 FGCU Boulevard South in Fort Myers.

For more information, contact Tiffany Reynolds, director of board relations and associate corporate secretary, at treynold@fgcu.edu or 590-1005, or Pamela McCabe, coordinator of university communications and media relations at pmccabe@fgcu.edu or 590-1012.✴

Piano Fundraiser For Davis Art Center

The Sidney & Berne Davis Art Center (SBDAC) has launched 88 Keys, a fundraiser to purchase a much-needed and long-awaited Steinway Concert D Grand Piano.

The Steinway Piano will be used daily for many occasions – from lessons with the Davis School of Music students, to performances from leading concert artists.

A new Steinway concert D grand piano is the pinnacle instrument for concerts across many genres. Whether it is being used by students for a piano recital, teachers for a master class, or guest performers for a concert, an instrument that truly responds will bring new energy and new experiences to Sidney & Berne Davis Art Center. It is expected to be an asset for the community for years to come.

Whether you donate \$5 or \$5,000, any amount helps. Donors who give \$1,000 or more can select a piano key representing their contribution.

Donors will be recognized on a plaque in the lobby. Donors may purchase as many keys as they like to assist the Sidney & Berne Davis Art Center in reaching its goal to sell all 88 keys, the entire keyboard.

The Sidney & Berne Davis Art Center is located at 2301 First

Street in downtown Fort Myers. To donate, visit either www.sbdac.com/88-keys or www.facebook.com/donate/527885275401313 or mail a check made payable to Sidney & Berne Davis Art Center, 2301 First Street, Fort Myers, FL 33901.✴

Beach Parking Lot Closure

The parking lot at Little Hickory Island Park, also known as Bonita Beach Access 10, will close Wednesday, May 4 for access improvements. The lot at 26082 Hickory Boulevard is expected to reopen Thursday, May 5.

Following the access improvements, the parking lot will close again Tuesday, May 10 through Wednesday, May 11 for parking lot maintenance. It is expected to reopen Thursday, May 12, weather permitting.

The beach, restrooms and showers will be accessible for pedestrian access. Lee County Parks & Recreation has posted signs to alert park patrons of the upcoming closure. Alternate parking is available at Bonita Beach Access 2 through Access 9 at no charge. Parking fees are \$2 per hour at Access 1 or Bonita Beach Park.

For more information on Lee County Parks & Recreation, visit www.leeparks.org, call 533-7275 or visit www.leeparksandrecreation on Instagram.✴



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Book Review

The Lightning Rod

by Di Saggau



Brad Meltzer's latest novel, *The Lightning Rod*, has been called a "terrific, compelling, unputdownable thriller," by author Lee Child. That pretty much sums

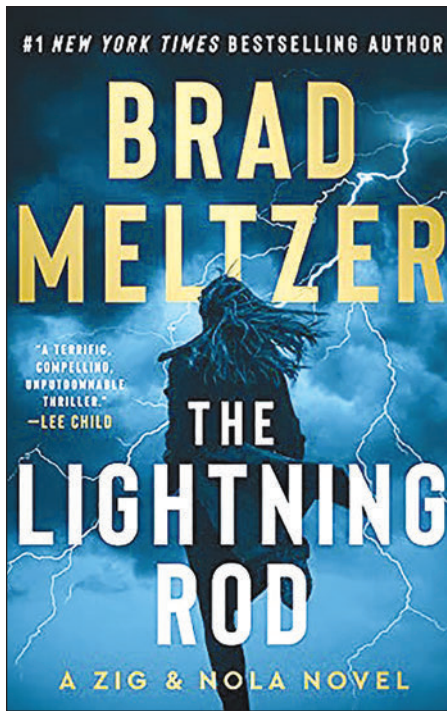


image provided

people who want to speak with her.

Zig calls Nola's brother to find her, and tries to stay one step ahead of the clock that is rapidly ticking down. Nola is also conducting her own search for answers. Meltzer keeps his readers guessing right up to the very end. The novel's title receives a nice reveal when a friend of Zig's refers to Nola's relationship to him as that of a lightning rod.

up my feelings.

Many are familiar with Nola Brown, the U.S. Army's artist-in-residence, who was first introduced to us in *The Escape Artist* back in 2018. She's back again and is as interesting as ever. Also returning is Zig Zigaroski, the mortician working out of Dover Air Force Base. He makes a startling discovery as the story opens.

Zig is prepping the body of Archie Mint for his funeral, and he quickly connects some mysterious dots, pointing to Archie being part of a top-secret military unit with a surprise connection to Nola. Those who thought they knew Archie are shocked by this new revelation.

After having his life saved by Nola a couple of years earlier, Zig becomes invested in the case. Zig knows that when Nola doesn't want to be found, she won't be. And there are many

A virtual reality game called Black House plays a big part in the plot. Black House originally referred to a location that President Nixon's staff would use to discuss "off the record" items at the White House. And *Grandma's Pantry*, a disaster painting by Nola, is symbolic of where the government prepares for

the end of the world. The search is on for a man named Elijah King who is full of additional secrets and surprises.

To say more about the plot would be a disservice to readers, so I'll just say the characters, plot, pace, premise and dialogue in *The Lightning Rod* make for a great read.*

School Smart

by Shelley M. Greggs, NCSP



Dear Shelley, My daughter is 11 and in middle school. We used to talk all the time, but now I'm having difficulty getting any information from her about

her day at school, what happened and so forth. I don't want to grill or nag her with incessant questions, but I would like to know what's going on. Any ideas on how to make her more talkative?

Juliette W, Fort Myers

Juliette,

You are experiencing a very common problem – tweens and teenagers tend to talk less with their parents when asked to converse "on demand." Teenagers want to converse with their parents but often in a different setting or different format and usually on their terms.

Elena Aguilar, a teacher, coach and leader in education, has some recommendations for parents on this concern. She wants parents to observe the situation and understand how and when they ask their kids questions. She says that parents should ask during a time when they can focus, so that their child feels they have your full attention. Once you get an understanding of when the optimal time for questions is (for many parents it seems to be in the car and at dinner), don't pepper them with tons of questions. Instead, ask just a couple and let them talk. After a while, you'll figure out which questions elicit the most meaningful responses. Aguilar's suggestions for questions that will work with most age groups, perhaps with some wording modifications, are as follows:

1. Tell me about a moment today when you felt excited about what you were learning.
2. Tell me about a moment in class when you felt confused.
3. Think about what you learned and did in school today. What's something you'd like to know more about? What's a question you have that came from your learning today?
4. Were there any moments today when you felt worried? When have you felt scared?
5. Were there any times today when you felt disrespected by anyone? Tell me about those moments.
6. Were there times today when you felt that one of your classmates demonstrated care for you?
7. Were there any moments today

when you felt proud of yourself?

8. Tell me about a conversation you had with a classmate or friend that you enjoyed.

9. What was challenging about your day?

10. What do you appreciate about your day?

11. What did you learn about yourself today?

12. Is there anything that you'd like to talk about that I might be able to help you figure out?

13. Is there anything you're worried about?

14. What are you looking forward to tomorrow?

15. Is there a question you wish I'd ask you about your day?

She also has some excellent suggestions, listed below, for parents regarding their communication style and intentions. These are particularly useful for expanding your conversations and getting a true picture of how your child is feeling as well as what they're doing.

Don't interrupt – This is a good rule for any conversation, but especially if you want to get a lot of information out of a kid.

Ask for more – Simply say, "I'd love to hear more about that..." or "Can you expand on that a little?"

Ask about feelings – After a child describes an experience, ask, "How did you feel in that moment? What did you notice about your feelings?"

Validate feelings – Whatever your kid feels is normal and okay. Let them know that. Feelings are okay. Tell them this.

Tell them it's not okay for teachers or kids to be unkind or mean – If they tell you a story about a teacher who yelled or disrespected them (regardless of what they said or did), let them know that it's not okay for an adult to treat them that way. Same goes for how they are treated by other children.

Thank them for sharing with you – Always appreciate their honesty and willingness to share the highlights and bright spots, as well as the difficult moments. This will fuel their confidence in telling you more.

By following these ideas, you can help improve the conversations between you and your child to be more meaningful, positive and powerful.

Shelley Greggs is former faculty at Florida SouthWestern State College, where she taught psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. To contact her, email smgreggs@gmail.com or visit www.schoolconsultationservices.com.*

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Symphony Scores Grant For Music Education

The Southwest Florida Symphony was awarded a \$7,500 grant from the Suncoast Credit Union Foundation to support the symphony's education programs. Historically, Suncoast Credit Union has provided \$5,000 in funding for this program, but increased its funding for the 2022-23 season. While the symphony's educational programming includes youth orchestra ensembles, Discovery Club, Student Rush, Music for Life and Majors for Minors, Suncoast will be funding the annual Young People's Concert, which the Suncoast Foundation has helped to establish over the years.

The Young People's Concert is a field trip for fifth graders to participate in a full symphonic performance, and will serve a minimum of 1,000 youths in Southwest Florida. The programs are stimulating and interactive, and treat the students to the sounds of the Southwest Florida Symphony. It is often the only opportunity area students have to experience a live orchestral concert and, sometimes, in their lifetime. This program is a months-long endeavor, is in partnership with the School District of Lee County, and is offered at no cost to participating schools.

As a non-revenue generating event, the Southwest Florida Symphony relies on the support of private donors and additional grant funds. The funds will be utilized to support the operational expenses associated with putting on the major event, including the musicians, conductor and guest artist wages; facility rental costs; teacher professional development costs; music library rentals; equipment; and student busing. While this influential amount covers a significant portion of the costs, the symphony will continue to seek funding from various sources to ensure the continuation of programs that benefits thousands of Lee County school students.

Visiting most schools remains dependent on whether the Lee County School District will permit outside organizations on campus this year. As

pandemic-related conditions permit, the Southwest Florida Symphony will find creative, yet safe, ways to provide all students with access to the highest caliber of music education opportunities.

"It feels good to know individuals are committed to investing in our community" said Emer Olivarez, symphony communications and grants manager.

In addition to several new chair sponsors contributing to this initiative, many chair sponsors increased their gifts to the orchestra's sustaining partnership level this season. During the symphony's annual Chair Affair Gala this past March, the orchestra raised \$157,100 to date, exceeding its goal of \$100,000, with sponsorship commitments that have continued throughout the month.

To make donations to the Southwest Florida Symphony's Education Fund, visit www.swflso.org or call 418-1500 weekdays.✱

Sporting Clays Charity Fundraiser

The 2nd annual Grampy's Sporting Clays Charity Tournament, in partnership with Kids and Clay Foundation, benefiting Ronald McDonald House Charities (RMHC) SWFL, will be held at Sarasota Trap, Skeet & Clays on Friday, May 13. Registration with breakfast begins at 8:30 a.m.

"Partnering with RMHC SWFL is an easy decision for us," said Jim Castle, founder of Grampy's Charities. "The charities' core programs invest directly in the health and wellbeing of children and their families. We are proud to sponsor this sporting clays event to support the lives of the children who need us most."

A pig roast lunch will follow the tournament, along with bluegrass music, a raffle and auction. Space is limited to 24 teams of four.

Sarasota Trap, Skeet & Clays is located at 3445 Rustic Road in Nokomis. For information on sponsorships, contact Amy Velez at 437-0202 or amy@rmhcsfwl.org. For details on the tournament, visit www.rmhcsfwl.org/grampys-sporting-clays.✱

FPL Truck Helps To Rescue Manatees



FPL donated a new manatee transport truck to support FWC's rescue and release efforts

photo provided

An injured manatee is now receiving critical care, thanks in part to a transport truck Florida Power & Light (FPL) recently donated to Florida wildlife officials. The injured 10-foot long, 1,025-pound manatee made his way to SeaWorld for rehabilitation, after a concerned citizen found it beached on a grass flat in Marathon Key with boat strike wounds on its head.

FPL donated the manatee transport truck to Florida Fish & Wildlife Conservation Commission (FWC) to expand rescue efforts, and it is now being used to bring sick or injured manatees to rehabilitation facilities throughout the state. The truck also serves as a rolling toolbox with equipment to keep manatees safe and comfortable while on the road.

The manatee graphic wraps on the truck were donated by the Fish & Wildlife Foundation of Florida and

Ferman Automotive Group. The designs were created to be eye-catching, to hopefully inspire people to help manatees.

"Environmental stewardship is a critical aspect of FPL's continued efforts to deliver clean, reliable and affordable energy to its customers," said Kate MacGregor, FPL vice president of environmental services. "For more than 30 years, we have worked closely with state and federal agencies to ensure manatees are protected, and we stand ready to support FWC and USFWS (United States Fish and Wildlife Service) in their ongoing conservation efforts for this important species."

Wildlife officials said the public can help by reporting injured, sick or dead manatees to the FWC Wildlife Alert Hotline at 1-888-404-3922 or by purchasing a "Save the Manatee" license plate.✱



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IRS Cracks Down On Private Foundations



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

Unlike public charities that derive their support from a number of individuals, private foundations are charitable, tax-exempt entities that are created and supported by a concentrated number of individuals, typically a family unit. Since private foundations confer income and transfer (gift and estate) tax benefits, the IRS closely scrutinizes transactions between the family establishing the entity and the foundation itself.

In recent years, the IRS has become more aggressive in policing the self-dealing rules governing private foundations. Generally, it's immaterial whether a self-dealing transaction is good or bad for the foundation. For example, if a "disqualified person" sells stock at a bargain price to a private foundation, it's self-dealing regardless of the value of stock or amount paid.

Disqualified persons (DQPs) include a creator of the foundation (either by a trust or by forming a corporate entity), any person who contributed or bequeathed an aggregate amount of more than \$5,000 if such amount is more than two percent of the total contributions for that year (and spouse contributions are aggregated), a foundation manager, more than 20 percent owner of substantial contributor (like a family business or partnership), a member of the family establishing the foundation, "35 percent entities" (those corporations, partnerships or trusts and estates having a 35 percent or more beneficial interest) and government officials.

It's safe to say that almost anyone doing business or benefiting from a private foundation is a disqualified person.

If a DQP sells property, through an agent or otherwise, transfers encumbered property whether the liability is nonrecourse or recourse, lends money, borrows money, furnishes goods or services, pays unreasonable amounts of compensation or reimburses unreasonable expenses, rents office space (even if such rent is below market value), or shares office space to, for or with a private foundation, chances are the DQP has engaged in prohibited self-dealing transactions.

What are the consequences to prohibited self-dealing transactions? Here, the IRS imposes either First-Tier or Second-Tier penalties. The first-tier penalty is 10 percent

of the amount involved on the DQP. This penalty may be assessed on any DQP who participates, not just the one who benefits, and the liability is deemed joint and several. This penalty repeats for each year in which the prohibited transaction is outstanding. "Participating" is defined as engaging, taking part in the transaction or directing others to do so.

Foundation managers are assessed a five percent penalty. It must be a knowing violation and willful. Again, manager first-tier penalties are joint and several, but they have a \$20,000 cap for each act of self-dealing. "Participation" includes silence or inaction under a duty to act. "Knowing" means an actual knowledge of sufficient facts, awareness that the act may violate self-dealing rules, and negligence in failing to make reasonable attempts to ascertain if an action or omission constitutes self-dealing.

Second-tier penalties are onerous. On the participating DQP, it is 200 percent of the amount involved if not corrected within the taxable period. For the participating foundation managers, second-tier penalties are 50 percent of the amount involved but only if the foundation manager refuses to correct the issue.

The taxable period begins on the date when self-dealing occurs and ends on the earliest of the date of IRS mailing of the deficiency notice, date when the first-tier tax is assessed or date when the correction is completed.

Correcting self-dealing actions are not easy. It means "undoing the transaction to the extent possible but placing the private foundation in a financial position not worse than that in which it would be if the DQP were dealing under the highest fiduciary standards. Any correction cannot be another act of self-dealing. It may involve, for example, recasting a gift by returning cash, or rescission of a transaction where possible.

Allow me to illustrate self-dealing with examples. Assume that a private foundation owns a home used for foundation purposes, but the DQP has a lease allowing him to stay there when in town for fair market value rent. DQP learns that the use of the house, even for rent, is self-dealing but doesn't want to give it up. He proposes to buy the home from the foundation but learns he can't. The private foundation terminates the lease and makes correction by DQP contributing to private foundation marketable stocks equal in fair market value to the correction amount. The private foundation then makes the grant of the house to a public charity, but the DQP is on the board of the public charity, as are two of his attorneys. The public charity board with DQP recused then procures an appraisal and sells the house to the DQP for fair market value.

Potential issues in all of this are the sale or exchange and leasing of property, the correction itself is an act of self-dealing and the indirect correction via intermediaries.

If you have a private foundation, it's vital to stay on top of the self-dealing rules and avoid them.

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Lee Health Hires Chief Physician Executive

With more than 35 years of medical leadership experience in cancer care, Dr. Mark Roh was recruited to serve as Lee Health's new chief physician executive of oncology services.

In his new role, Dr. Roh will be responsible for providing direction and support to the medical staff while working collaboratively with the operations team and other leaders who provide cancer care. Dr. Roh will work in dyad partnership with the vice president of oncology services, Debra Wilson. Alongside Wilson, he will be jointly responsible for Regional Cancer Center operations and developing and executing the oncology services strategic plan.

Before joining Lee Health, Dr. Roh most recently served as president of Orlando Health University of Florida Health Cancer Center. As president, he orchestrated strategic growth initiatives and supervised a 675-person team, including 60 oncologists.

Dr. Roh has also served in leadership roles at MD Anderson Cancer Center Orlando, Allegheny General Hospital in



Mark Roh

Pittsburgh, Pennsylvania and the University of Texas MD Anderson Cancer Center in Houston, Texas.

"When we began the search for this position, we knew we needed someone with vast clinical, operational and leadership experience, and Dr. Roh was the perfect choice," said Dr. Scott Nygaard, chief operating officer of Lee Health. "I have no doubt he will make a huge impact in this community by continuing our efforts to keep cancer care close to home."

Dr. Roh received a medical degree at the Ohio State University College of Medicine in Columbus, Ohio, and a bachelor of arts in chemistry from Ohio Wesleyan University in Delaware, Ohio.

He began his role with Lee Health on April 4.

Bank Promotion

Sanibel Captiva Community Bank has promoted Wannetta Pemberton to vice president and secondary market manager at the Downtown Branch, located at 1533 Hendry Street in Fort Myers. In her new role, she will be responsible for leading and managing the bank's residential mortgage processing department. She has worked in the



Wannetta Pemberton

banking industry for over three decades.

Pemberton began her career in retail banking and then transitioned to residential lending. She worked at Sanibel Captiva Community Bank as a senior residential loan processor from 2008 to 2012, when she relocated to Kentucky. There, she worked at a community bank in Ohio as a loan processing manager for five years. In 2017, Pemberton returned to Southwest Florida and Sanibel Captiva Community Bank.

Marketing Firm Promotion

Pushing the Envelope, Inc. (PTE), a strategic marketing communication firm based in Fort Myers, has promoted Hannah Ramsey to client relations and marketing specialist.

Ramsey has been with the company for nearly four years and will assist with the execution of high-quality client service and operational improvements. She will also facilitate marketing strategy development and implementation, and oversee advertising planning and implementation.

Ramsey holds a bachelor of arts degree in English and minor in communication studies from Florida Atlantic University.



Hannah Ramsey

City Of Fort Myers Hires Assistant City Manager

John Lege has been hired to serve as the City of Fort Myers assistant manager. Lege will oversee the following departments: community development, information technology, public works, and parks and recreation.

Lege is a 21-year Navy veteran who was the finance director at the City of Delray Beach, as well as the finance director and later assistant city manager at the City of Sarasota. In this role, he was responsible for the finance, information technology, human resources, facilities management, strategic planning and community development departments. After retiring from the Navy, Lege began his career at a certified public accountant firm as an auditor specializing in audits of local governments. He soon transitioned to the City of Ocala as chief financial officer and later as assistant city manager.

Lege received a bachelor of accounting from the University of Florida and master of business administration degree from Webster University. He is a certified government finance officer (CGFO) and a certified public finance officer (CPFO) from the Government Finance Officers Association. Lege is the past president of the Southwest Chapter of the Florida Government Finance Officers Association. He is involved in the Florida League of Cities where he serves on the finance and taxation legislative committee.

Superior Interiors

Fall In Love With Your Home



by Jeanie Tinch

Remember that new-home feeling? The excitement, the possibilities and how welcoming it felt when you first walked in? You can feel it again... and you won't even

have to pack.

Redecorating is a great way to make you fall in love with your home all over again. Over time, certain areas can feel stale or might not function as they need to for how you live now. Plus, as we live in our homes, our own needs change, and our house might need adjustments as well.

One of the things many of our clients are doing now is repurposing spaces to suit their needs. Maybe it's a dining room into a relaxation space, or guest bedroom into a home office. We are also revitalizing spaces with bright and happy colors that promote a sense of cheer.

Start at the beginning. The front entryway of your home makes the first impression on guests, neighbors and passers-by. Now that spring is in view, there's no excuse to neglect this space. With the hope of entertaining in our homes again, it's worthwhile to make the front entryway just as endearing and welcoming as the rest of your living space. The following are some tips:

Upgrade the stairs and railings – If your stairs and railings are outdated and make the rest of the space look

uninviting, now's the time for an upgrade. A more modern finish on both pieces can bring the front entryway back to life. If you'd rather not turn this into a large project, just spruce up your current setup. A fresh coat of paint or perhaps even just an arrangement of fresh flowers can transform the stairwell. Embrace natural greenery to refresh the entryway.

Hang new light fixtures – Beyond functionality, lighting can make or break the mood of your front entryway. If the single pendant light fixture isn't doing it for you anymore, consider a different style, such as sconces. You may even string lights through the stairway railing to guide guests up to your home with flare.

Add a new piece of furniture – A bright, beautiful bench can be a great addition. If you don't have enough room for a full bench, add a small chair with a stool that acts as a side table.

Don't forget the welcome décor – Beyond the natural features, don't forget about the accent pieces that complete the entryway. A welcome mat that greets guests at the door, or a sign that can be seen from the edge of your driveway can emphasize the inviting oasis you want to achieve from the outside of your home. "Don't forget to hang a gorgeous springtime wreath on the front door."

While a small space, the entryway can be rather intimidating if you've never decorated it before. Don't stress about it or any other space. Consider consulting a design professional for guidance. It's your home, so it should feel like yours, not from a showroom. They will assist in highlighting your style and vision for your home so you will rekindle why you fell in love with your home in the first place.

Jeanie Tinch is an interior designer on Sanibel/Captiva Islands. She can be reached at jeanie@coindceden.com.✱

New Support Groups For Loss Of A Loved One

Hope Healthcare is offering three new support groups for people who have experienced the loss of a loved one. Participants will have an opportunity to express their emotions, connect with others and find hope in their journey through grief. All groups are open to the community at no cost, thanks to community support. Advance registration is required.

The Walk & Talk Grief Support Group allows participants to experience the healing benefits of nature and meet new people while discovering insights into bereavement. The group will walk at a casual pace for about 1.5 miles through the HealthPark campus on the second and fourth Tuesday of each month from 8:30 to 9:30 a.m., weather permitting. To register, contact mary.grimmer@hopehcs.org or call 489-9184.

The Loss of a Sibling Support Group

will help connect adults who have lost a beloved brother or sister. Participants will meet virtually, via Zoom, on the second and fourth Wednesday of each month from 6 to 7:30 p.m. Contact david.pezzullo@hopehcs.org or call 284-9926.

The Grief Movement Support Group is a chair-based practice with a focus on releasing grief through movement, using a combination of motion, breath and sound. This opportunity is appropriate for people of all mobility levels. The group will meet virtually, via Zoom, on the second and fourth Friday of each month from 10:30 to 11:30 a.m. Contact mindy.hall@hopehcs.org or call 656-3241.

With more than 40 years of experience as a local, not-for-profit organization, Hope Healthcare is able to help people of all ages coping with grief and loss. Professional counselors lead groups including Bereaved Mothers, Men's Grief Toolkit, Young Widows and Widowers, Healing Survivors of Suicide, Loss after COVID-19 and other topics.

Visit www.hopehcs.org/counseling for more information.✱

Marketing Firm Hires Media Coordinator

Priority Marketing has added Brenda Bitzer as senior media coordinator, a role in which she plans and places media buys, traffics materials, researches advertising opportunities, audits and reconciles media placements and invoices as well as maintains media department records.

The firm's media buying department coordinates and places advertising for TV, newspaper, magazine, radio, outdoor and online media. Clients represent a broad spectrum of industries, including hospitality and tourism, retail, health care, senior living, construction, legal, financial, government, education and locally owned businesses, as well as nonprofit and not-for-profit organizations.

Prior to joining Priority Marketing, Bitzer worked in the newspaper industry for more than 40 years. As an insert manager for more than a decade, Bitzer negotiated prices and sales agreements, demonstrated



Brenda Bitzer

product options to customers, calculated production and delivery costs, liaised with vendors and tracked sales successes. Bitzer's previous roles in the newspaper industry included commercial print and insert specialist, account executive and other positions where she processed subscription payments, handled classified and display ads, and completed newspaper layout and design.✱

Amberjack To Reopen To Gulf Harvest

The recreational harvest of greater amberjack will open in Gulf state and federal waters from May 1 to 31. Following a closure in June and July, recreational harvest of Gulf greater amberjack is scheduled to reopen again August 1 to October 31.

If you plan to fish for greater amberjack or certain other reef fish species in Gulf or Atlantic state or federal waters from a private recreational vessel (including anglers over age 65), you must sign up as a state reef fish angler prior to your fishing trip. This is a no-cost designation that must be renewed annually. Sign up at www.gooutdoorsflorida.com.

For more information, visit www.myfwc.com/srfs or www.myfwc.com/marine to learn more.✱

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Frankly Speaking



by Howard Prager

With one swing of the bat, Detroit Tigers' Miguel Cabrera goes into the history books, in many ways. He joins just 33 other major leaguers who have had 3,000 hits. That's a sign of durability, of excellence over an extended period of time. Cabrera was the best hitter in the world during a nine-year span from 2008 through 2016. In that time, he hit .325 with a .404 on-base percentage, .573 slugging percentage, 308 home runs, 340 doubles and 1,030 RBI. He played in seven All-Star games and led the Tigers to four division titles. Cabrera smashed 44 home runs apiece while winning back-to-back MVP awards in 2012 and 2013. He also won the Triple Crown in 2012 season, a feat that hadn't been accomplished in 45 years and hasn't been matched since.

But that's not all. Cabrera is one of only seven players in history to reach 3,000 hits and 500 home runs. The six others are Hank Aaron, Willie Mays, Eddie Murray, Rafael Palmeiro, Albert Pujols and Alex Rodriguez. That's an elite club. Babe Ruth, Lou Gehrig, even Ty Cobb and Al Kaline – the only other Tigers to reach 3000 hits – aren't in it.

The Twins, who just swept pre-season favorite Chicago White Sox, sits atop the AL Central as of April 25. Don't read anything into this series, as the Sox have had an unlucky streak of injuries and are in the midst of a seven-game losing streak. But Byron Buxton won't forget it, hitting for the cycle on



Donna Steffey and Joyce Bridwell display their silver medals photo provided

Saturday and hitting two home runs on Sunday after striking out 3 times. The second HR was a walk-off home run in the 10th that travelled 469 feet into the third deck, one of the longest hit at Target Field.

Last week, I discussed the new robo-ump they are trying in minor league ball for some games. Phillies outfielder Kyle Schwarber will love it. He had a full count with his team down 1-0 against the Brewers. The next pitch, umpire Angel Hernandez called a strike, but the pitch was outside. Schwarber lost it and was tossed. On ESPN, the announcers said both the Phillies and Brewers were upset with calls all evening, and Hernandez was called out by the "umpire auditor" as missing 19 calls that game, getting only 85 percent of his calls "correct."

I can't say anything about the NBA Finals. Matches that were supposed to

be close (Celtics-Nets) have been hard fought but the results one-sided. Some teams that were thought to be out quickly have fought back ferociously, such as the Timberwolves. If you like good basketball, we're seeing a lot of that in the playoffs. If you like underdogs such as the Chicago Bulls, sorry.

In Naples this week, the U.S. Open Pickleball Championships are being held. Pickleball is one of the fastest growing sports in the U.S., and April has been declared National Pickleball Month according to USA Pickleball. "Pickleball was invented in 1965 on Bainbridge Island, a short ferry ride from Seattle, Washington. Three dads – whose kids were bored with their usual summertime activities – are credited for creating the game." Pickleball is a sport that combines many elements of tennis, badminton and ping-pong. Played both indoors or outdoors on a badminton-sized court and a slightly modified tennis net, it uses a paddle and a plastic ball with holes and can be played as doubles or singles. Given how much I love ping pong and used to play some tennis, I can't believe I haven't played yet. What's great about this championship is that it's open to both amateurs and professionals. Yes, there are professional pickleball players, and this tournament is billed as the largest pickleball event in the world. The men's and women's professional finals will be televised on the CBS Sports Network at 7 p.m. April 30.

My friend Donna Steffey is a silver medalist with her teammate Joyce Bridwell. They will be competing in the Florida state senior games for the first time. She talked to me about the Naples tournament. "There are approximately 2,700 players competing. It is a week-long pickleball circus." Asked about how

long she has been playing, she said, "I started playing in the summer of 2013. Our athletic son Darin died in a car accident in October of that year, and pickleball became my recovery drug. I played a lot and felt that controlling my shots and placement of the ball would lead to me controlling life. It took me about a year of hard playing to realize I have no control over what happens to others, I can only influence my own choices in life." How much do you play today and what got you interested in this tournament? "I typically play one to two hours a day. I'm a former tennis player, and pickleball is much easier on your body with less running and more hitting the ball. I went to see this tournament three years ago. The sight of everyone enjoying this relatively new sport was overwhelming. I'm excited about competing this year." Good luck Donna and Joyce!

Our good news story of the week is from last week's Boston Marathon and station WCVB. Henry Richard ran his first Boston Marathon this year. Henry lost his younger brother Martin in the 2013 bombing. He was 10 when Martin, age 8, was killed in the bombing. Martin would have been 18 this year. Their younger sister, Jane, lost her left leg in the attack. The names of his siblings were written on his arms and shoulders during the race. Henry said afterwards he could feel Martin with him throughout the race. Jane and his parents were waiting at the finish line to greet him and hug him. Thanks Henry. Martin would have said, well run.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments to press@islandsunnews.com.*

Clay Shooting Tournament Fundraiser

Lee Association for Remarkable Citizens (LARC) will host the fourth annual Aiming for Ability Clay Shooting Tournament at Sarasota Trap Skeet & Clays on Friday, May 6. Registration begins at 8:30 a.m., a mandatory safety meeting is at 9:30 a.m., and the tournament starts at 10 a.m.

All proceeds will benefit LARC's programs and services that help individuals with intellectual and developmental disabilities achieve.

Lunch and awards will immediately follow tournament. Entry fee is \$650 per foursome or \$175 per person and includes lunch, ear protection, 100 targets, four boxes of ammunition and a golf cart. Participants must be at least age 18. Shotgun rentals are available for an additional fee.

First through third place teams will receive trophies. There will also be a chance drawing to win a Liberty Safe Centurion Deluxe 24-Gun Case,

courtesy of Koons Locksmith. Tickets are \$50 each or three for \$100, and can be purchased online at www.larccounty.org. Winners do not need to be present.

Sponsors includes Grampy's Charities, All Star Equipment Rental & Sales, Creighton Development, G3 Catering, HWGA Supply DeWalt Superstore, Sunset Air, Auto Express South and Myers, Brettholtz & Co.

"The proceeds LARC receives from events like this are essential to our fundraising efforts and helps to raise the critical funds needed for the programs and services that help individuals with disabilities achieve," said Angela Katz, LARC's executive director.

Sponsorship opportunities that include shooting foursomes and event recognition are available.

Sarasota Trap Skeet & Clays is located at 3445 Rustic Road in Nokomis. To register or learn more about sponsorship opportunities, visit www.larccounty.org or contact Katz at 334-6285 ext. 210 or angelakatz@larccounty.org.*

From page 1

Rock And Strings

Tribby Center, 17281 On Par Boulevard in Fort Myers, on Thursday, May 12; Sidney & Berne Davis Art Center, 2301 First Street in Fort Myers, on Friday, May 13; Gulf Theater, 900 West Marion Avenue in Punta Gorda,

on Saturday, May 14; and Bell Tower Shops, 13499 South Cleveland Avenue in Fort Myers, on Sunday, May 15.

Tickets prices range from \$25 to 35 and can be purchased online at www.swflso.org or by calling 418-1500 between 10 a.m. and 4 p.m. on weekdays. Face masks are no longer required to attend Southwest Florida Symphony performances.*

SPORTS QUIZ

1. Name the 2011 and '14 Wimbledon singles champion from the Czech Republic who was attacked and injured by a knife-wielding intruder at her home in 2016.

2. French actor, film choreographer and stunt coordinator David Belle is credited with founding what athletic discipline that commonly turns urban environments into obstacle courses?

3. What 1990 nonfiction book by American journalist Bill Buford chronicled his eight years witnessing and studying football hooliganism in the United Kingdom?

4. The Cameron Crazies are highly enthusiastic fans of what college basketball team?

5. Name the legendary ABC sportscaster who was famous for his college football play-by-play calls and his signature catchphrase, "Woah, Nellie!"

6. Mustachioed, portly golfer Craig Stadler, winner of the 1982 Masters Tournament, was affectionately known by what nickname?

7. What Portland State University football standout went on to play quarterback for the St. Louis/Phoenix Cardinals from 1981-88?

ANSWERS

1. Petra Kvitová.

2. Parkour.

3. "Among the Thugs: The Experience, and the Seduction, of Crowd Violence."

4. The Duke Devil.

5. Keith Jackson.

6. The Walrus.

7. Neil Lomax.

Doctor and Dietician

Top Risks For Cardiovascular Disease



by Ross Hauser, MD
and Marion Hauser, MS, RD

According to the American Heart Association (AHA) nearly half of the population of American adults has cardiovascular disease. Say what? Wow! You might ask, how do they classify coronary artery disease (CAD)? The AHA includes diagnoses such as high blood pressure (hypertension), heart failure and/or stroke. The rise in cardiovascular

disease comes primarily from the rise in hypertension and type 2 diabetes among American adults. Why is this happening?

Let's take an alternative look at this. We all know that many people are unfortunately caught up in the standard American lifestyle which includes consuming the standard American diet (SAD) in combination with a sedentary lifestyle. The SAD is described as a "Western pattern diet" that is characterized, in general, ... by high intakes of pre-packaged foods, refined grains, processed meats, high-sugar drinks, candy and sweets, fried foods, conventionally raised animal products, eggs, potatoes, corn and low intake of fruits, vegetables, whole grains, pasture-raised animal products, fish, nuts and seeds." If you couple a sedentary lifestyle with the standard American diet, you are in for some serious health troubles. A sedentary lifestyle is defined as "a lifestyle in which little to or no physical activity and exercise is done, as opposed to an active lifestyle. A person living a sedentary lifestyle is often sitting or lying down while engaged in an activity like socializing, watching TV, playing video games, reading, or using a mobile device."

So how do we halt the development of CAD? The prevention of cardiovascular disease is not all about cholesterol and

salt. The risk factors with great influence on developing CAD are insulin resistance, metabolic syndrome and chronic inflammation. Recent studies have shown that cholesterol is not the primary reason for development of CAD, yet many traditional medicine providers immediately jump to putting people on statins and blood pressure lowering medications without discussing the lifestyle changes needed to eliminate the need for any medications. Statins should be used with extreme caution. They deplete CoQ10, vitamin K2, dolichol and selenium stores, thereby threatening overall health even further. Side effects of statin drugs include muscle pain and damage, depression, breathing difficulties, liver damage, increased blood sugar or type 2 diabetes (what?!), and neurological issues such as memory loss and confusion.

Insulin resistance and metabolic syndrome mean that your body has difficulty processing carbohydrates, and this typically relates to excessive intake of SAD-type foods such as sugary beverages and foods in combination with refined carbs, such as white flour products. Insulin resistance promotes fatty liver and high blood sugars, which can both lead to atherosclerosis and high blood pressure, in addition to causing inflammation because visceral fat releases inflammatory

molecules.

Systemic inflammation (throughout the body) is the body's response to stress by the immune system. Common causes include illness, autoimmune conditions, allergies, stress, vaccinations and trauma/injury. Those with systemic inflammation often complain of pain, stiffness, swelling, fatigue, poor sleep, depression, anxiety, weight gain, recurrent infections, constipation, diarrhea and/or reflux. Through our years of treating patients at Caring Medical, we have seen these symptoms completely resolve when patients change their lifestyles, primarily the way they eat – from SAD to fresh, organic, real food diets.

We know that our message for longevity and a happy, healthy life is redundant in these articles. We have a choice. We recommend a fresh real food diet coupled with an active lifestyle, seven to eight hours of sleep per night, prayer and meditation, and showing love and kindness to others.

This information is not intended to treat, cure or diagnose your condition. Ross Hauser, MD, and Marion Hauser, MS, RD, established Caring Medical in 1991. Caring Medical Florida and the Hauser Neck Center are located in Fort Myers. They can be reached at info@caringmedical.com.✱

dearRPharmacist

A Sinus Fungal Ball Causes Headaches



by Suzy Cohen, RPh

Dear Readers: In the past month, I've talked to four different people who have either had a sinus surgery, or had an actual sinus fungal ball, so today I will

write about it. An "aspergilloma" is the name of what it was once called, but I believe this is older terminology. I'm calling it a "sinus fungal ball" today for the purpose of this article.

These sinus fungal balls are occurring at rapid, alarming rates due to this being a new long-term complication of having COVID-19. One confounding symptom is a foul odor that no one else smells, or the inability to smell. Those symptoms occur in both COVID and a sinus fungal ball (SFB).

Some of you taking migraine medicines, or experiencing persistent daily headaches may have a SFB because these always cause frontal headaches and they don't respond to normal headache medications. People with a SFB may not be properly diagnosed for years, and will suffer with odd symptoms, always above the neck. Having serious dental surgeries or procedures appear to increase one's risk for SFB.

A sinus fungal ball consists of aspergillus organisms most of the

time. That pathogen has a life cycle and produces chemicals upon dying off. These chemicals can cause other symptoms in your head, and all over your body.

The fungal infection is impossible to see from the outside and difficult to diagnose if you don't know about it. It may be visually seen on a CT scan and by the odd combination of never-ending symptoms in your head.

You may or may not have sinusitis symptoms, and that's the challenge. If you do have sinus infections, then antibiotics will always be prescribed, right? But I'm afraid those don't work well. They don't kill fungal organisms plus they don't get past the biofilm. SFB almost always go hand-in-hand with bacterial infections, but again, prescribed antibiotics don't cure the problem and leave you with a destroyed microbiome. Only surgery will bring relief. Sometimes people with a SFB want to wait and fix this on their own with herbal medicine and saline rinses, but I am not in agreement with the "wait and see" approach. This is a potentially deadly pathogen that can get into your brain or lungs. It's not like a sinus cyst, where it can sit there for years and not be problematic. A SFB made of aspergillus is a fungus and, as such, it wants to survive therefore it's very invasive, therefore you need to see an ear, nose and throat (ENT) physician. Ever see a mushroom in your grass, and the next day there's 20, then your whole lawn is covered in them? Same with fungus in your head. You can't expect it to stay put.

I understand this is a complex, serious topic, so if you are interested in learning more and hearing about some case studies, I have written more extensively about it. I really want you to get properly diagnosed. If you would like to read the

longer version of this article, sign up for my newsletter at www.suzycohen.com.

This information is not intended to treat, cure or diagnose your condition.

Suzy Cohen is the author of *The 24-Hour Pharmacist* and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.✱

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Florida Marine Patrol 332-6966
Florida Highway Patrol 278-7100
Poison Control 1-800-282-3171
HealthPark Medical Center 1-800-936-5321
Ft. Myers Chamber of Commerce 332-3624
Foundation for Quality Childcare 425-2685
Fort Myers Beach Chamber of Commerce 454-7500
Fort Myers Beach Library 463-9691
Lakes Regional Library 533-4000
Lee County Chamber of Commerce 931-0931
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Visitor & Convention Bureau 338-3500

ARTS
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Arts For ACT Gallery & Studio 337-5050
Barbara B. Mann Performing Arts Hall 481-4849
BIG ARTS 395-0900
Broadway Palm Dinner Theatre 278-4422
Cultural Park Theatre 772-5862
Edison Festival of Light 334-2999
Florida Repertory Theatre at the Arcade 332-4488
Florida West Arts 948-4427
Fort Myers Harmonica Band 610-653-7940
Fort Myers Symphonic Mastersingers 288-2535
Gulf Coast Symphony 489-1800
Harmony Chorus, Charles Sutter, Pres 481-8059
Naples Philharmonic 239-597-1111
The Schoolhouse Theater 472-6862
SW Florida Symphony 418-0996
Theatre Conspiracy 936-3239
Young Artists Awards 574-9321

CLUBS & ORGANIZATIONS
American Legion Post #38 239-332-1853
Angel Flight 1-877-4AN-ANGEL
Animal Refuge Center 731-3535
American Business Women Association 357-6755
Audubon of SWFL <https://www.audubonswfl.org/>
Caloosahatchee Chapter DAR 482-1366
Caloosahatchee Folk Society 321-4620
Cape Chorale Barbershop Chorus 1-855-425-3631
Cape Coral Stamp Club 542-9153
duPont Company Retirees 454-1083
Edison Porcelain Artists 415-2484
Embroiderers Guild of America - Sea Grape Chapter 239-267-1990
FM UDC Chapter 2614 728-3743
Friendship Force Of SW FL 561-9164
Garden Club of Cape Coral 239-257-2654
Horticulture and Tea Society 472-8334
Horticultural Society 472-6940
Lee County Genealogical Society 549-9625
Lee Trust for Historic Preservation 939-7278
Navy Seabees Veterans of America 731-1901
Paradise Iowa Club of SWFL 667-1354
Sons of Confederate Veterans 332-2408
Southwest Florida Fencing Academy 939-1338
Southwest Florida Music Association 561-2118
Kiwanis Fort Myers Beach 765-4254 or 454-8090
Kiwanis Fort Myers Edison 694-1056
Kiwanis Fort Myers South 691-1405
Iona-McGregor 482-0869
Lions Club Fort Myers Beach 463-9738
Lions Club Fort Myers High Noon 466-4228
Lions Club Estero/South Fort Myers 898-1921
Notre Dame Club of Lee County 768-0417
Organ Transplant Recipients of SW Florida 247-3073
POLO Club of Lee County 477-4906
Rotary Club of Fort Myers 332-8158
Sanibel-Captiva Orchid Society 472-6940
United Way of Lee County 433-2000
United Way 211 Helpline (24 hour) 211 or 433-3900

AREA ATTRACTIONS
Bailey-Matthews National Shell Museum 395-2233
Burrough's Home 337-9505
Calusa Nature Center & Planetarium 275-3435
Edison & Ford Winter Estates 334-7419
Fort Myers Skate Park 321-7558
Imaginarium Hands-On Museum & Aquarium 321-7420
JN "Ding" Darling National Wildlife Refuge 472-1100
Koreshan State Historic Site 239-992-0311
Langford Kingston Home 239-334-2550
Ostego Bay Foundation Marine Science Center 765-8101
Skatium 321-7510
Southwest Florida Historical Society 939-4044
Southwest Florida Museum of History 321-7430
True Tours 945-0405

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PUZZLES

Answers on page 23



"We were very happy until her first
_____!"

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Mock
DAYPRO _____

Plaid
ANTART _____

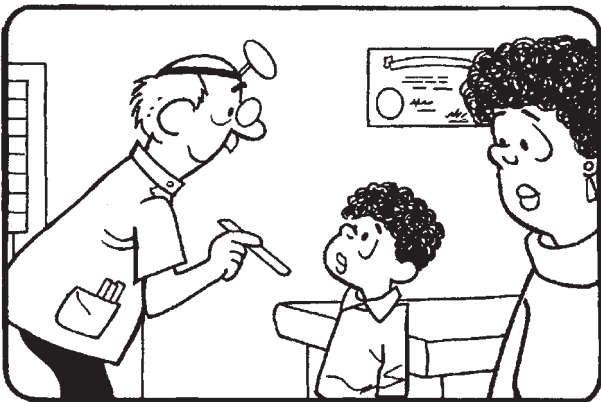
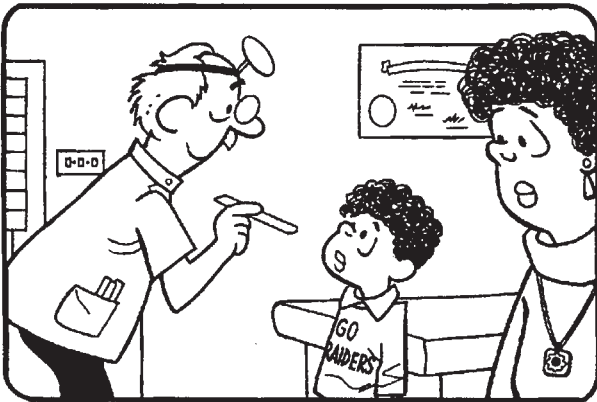
Complete
ACTTIN _____

Regret
FIGER _____

TODAY'S WORD

HOCUS-FOCUS

BY
HENRY BOLTINOFF



Find at least six differences in details between panels.

Differences: 1. Switch is missing. 2. Hair is different. 3. Arm is moved. 4. Shirt logo is missing. 5. Diploma is smaller. 6. Locket is missing.

8				5		3	
		7			8		9
	1		3			4	
	8			1			6
		3		4	9	1	
6			8			7	
4		6			7	8	
		9	5			4	
	2			6			7

To Play
Sudoku:

Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

PUZZLES

Answers on page 23

Super Crossword

ACROSS

1 Outlook

7 Opponents

13 Rolling Stones frontman's family

20 Despise

21 Funny in a twisted way

22 Shrinking salt lake in Asia

23 "Does this medication act as a sedative at all?"

25 French painter Henri

26 Pops

27 Dark warrior Kylo of sci-fi

28 Magical elixir that turns people into mouselike rodents?

30 Sun or moon

32 People using paste

35 — Moines

36 26th letters, to Brits

37 The singer of "Kiss an Angel Good Mornin' " was nosy?

41 Caustic liquid

44 Mogul

45 Football field

47 Loss of the sense of smell

52 Out of kilter

53 Upkeep of a kitchen stove?

57 Peter of Herman's Hermits

59 Freeman of "Angel Face"

60 "... roughly"

61 Landscaping tool used by a large company?

68 Culinary mushroom

69 Not ingested

70 Coll. in Lower Manhattan

71 First letter

73 Follies show that turns someone who rudely interrupts a chat?

78 Ruckuses

79 Teeny power source

81 Nation in "The Hunger Games"

82 Captured during a revolt?

87 Frosting tools

92 Bit of conjunctivitis medicine

93 Ballesteros of golf

94 Pages transmitted by PCs

95 Gave the heave-ho to

97 Cost to buy an airline ticket?

101 FBI workers: Abbr.

105 Cooke of soul

107 Actor Chuck

108 Small child

109 Arsons?

113 Some refinery input

114 Bummed

116 Emilio of Hollywood

117 Apt things to feel when solving this puzzle?

123 Really dumb

124 6-Down plus one

125 State tree of New Jersey

126 — Pilate (biblical official)

127 Most tender

128 Wisenheimer

DOWN

1 — Baba

2 "Mayday!"

3 Avenged

4 Kett of comics

5 Neighbor of Sudan

6 What X may mean

7 Creep higher, as shorts

8 Wrinkle remover

9 "I do," e.g.

10 Sothern of "Kid Millions"

11 Actor

12 Young cod

13 "Misery" star

14 Give — (care)

15 Cat, to Juan

16 Ostentatious showiness

17 "Charlotte's Web" actress

18 Turf anew

19 Camille Saint- —

24 Annual: Abbr.

29 Meadow

30 Eight: Prefix

31 "Wide Sargasso Sea" novelist

32 With 118-Down, child of a boomer

33 Emma Peel player

34 Diana

34 Withered

38 Jane in court

39 Something hit by a basso

40 Lightly lit

42 Swenson of "Benson"

43 John in court

46 Title for 33-Down

48 Not rough

49 — Melodies (old toons)

50 Pant-leg line

51 Coral rings

53 Bicolor horse

54 Busy insect

55 Once named

56 Fish-fowl link

58 Some refinery input

61 Run, as an art exhibition

62 In the future

63 Rescind

64 Waited a bit

65 Ltr. holder

66 Henna or anil

67 Chap

68 Orange Bowl loc.

71 Motels

72 San Francisco's — Valley

74 Astros, on scoreboards

75 Rock blasters

76 Unseal, in poetry

77 Old Egypt- Syr. alliance

79 "Life is like — of chocolates"

80 They're large in large-print materials

83 Pro-gun org.

84 Sports arbiter

85 Tennis' Lendl

86 Blood fluid: Prefix

88 Coral islet

89 Way out of a building

90 Nevada city on I-80

91 USAF NCO

94 Bad grades

96 Flow barrier

98 Wears away

99 Set straight

100 Movie

101 Tons

102 Painter's undercoat

103 Tarte — (apple treat)

104 Artery insert

106 Some viral trends

110 Roman 107

111 Brand of lens solution

112 Farm tower

114 Banana part

115 Verdi opera

118 See 32-Down

119 Eden evictee

120 Hosp. areas

121 Cable TV's — Geo Wild

122 Cloud's place

King Crossword

ACROSS

1 Facts and figures

5 Bygone jet

8 Son of Seth

12 Latin love

13 Historic period

14 "Peter Pan" pooch

15 "No problem!"

17 Darkens

18 Skip

19 "Delicious" crop

21 Three, in Rome

22 Hold sway

23 Zsa Zsa's sister

26 Stitch

28 Justice Ruth — Ginsburg

31 Missing

33 Pouch

35 Shrrll barks

36 Toy (with)

38 Prattle

40 Make lace

41 Beer, slangily

43 Capote nick-name

45 Black Sea

47 Indigenous

51 Accomplishes

52 "Yes?"

54 Garfield's pal

55 Napoleon's

7 Early

8 Bridge tactic

9 Aced a test

10 "My treat"

11 Lip

16 Partially mine

20 Tavern

23 Sprite

24 Book-spine abbr.

25 "In my view ..."

27 Witty one

29 Clean air org.

30 Trio after Q

32 Bridge supports

34 Short snoozes

37 Super Bowl stats

39 Unruly kid

42 Cut lumber

44 Of service

45 Scent

46 Nitwit

48 Author

49 Dinesen

49 Tarzan's commuter line?

50 LAX guesses

53 Med. plan

DOWN

1 Calendar squares

2 Mine, in Montreal

3 Talk up

4 Lingo

5 Small sofas

6 Lanka lead-in

title (Abbr.)

56 Actress Turner

57 Breaks down

58 Coifs

59 Stretches (out)

100 Movie

101 Tons

102 Painter's undercoat

103 Tarte — (apple treat)

104 Artery insert

106 Some viral trends

110 Roman 107

111 Brand of lens solution

112 Farm tower

114 Banana part

115 Verdi opera

118 See 32-Down

119 Eden evictee

120 Hosp. areas

121 Cable TV's — Geo Wild

122 Cloud's place

1	2	3	4	5	6		7	8	9	10	11	12		13	14	15	16	17	18	19	
20							21							22							
23							24							25							
		26					27				28		29								
30	31				32				33	34		35					36				
37				38	39						40		41		42	43					
44									45			46		47				48	49	50	51
52							53	54	55					56							
					57	58						59					60				
61	62	63	64							65	66	67					68				
69									70					71	72						
73								74	75				76	77							
78						79	80						81								
82					83					84	85	86					87	88	89	90	91
92									93							94					
					95			96		97			98	99	100						
101	102	103	104				105		106		107							108			
109					110	111				112			113				114	115			
116									117		118	119				120				121	122
123									124							125					
126									127							128					

MAGIC MAZE ● COULDN'T READ MUSIC

P N K H E B Y W R T R O L J G

E B Y W U Y R P N R K I G D B

Z E N X V L E S Q O A M K C N

J I I E X G E L I V E T H O O

A C A H L I N U S Y L W S B T

C U (M C C A R T N E Y) I A A P

K S Q P H I H D N A R N L I A

S L J G H F R N N R M P S N L

O E U C A Y O X A E V M U S C

N A L Y D N Q H P V H N E M K

V J H F E C B Z Y X V U T R Q

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally
Unlisted clue hint: KING OF POP

Clapton Harrison Presley Van Halen
Cobain Hendrix Richie Vaughan
Dylan Lennon Slash Vile
Emmanuel McCartney Starr



Blueberry Whipped Cream and Key Lime Curd Cake photo courtesy Fresh From Florida



Blueberry Whipped Cream and Key Lime Curd Cake

- Key Lime Curd
- 2 whole eggs
- 2 egg yolks, room temperature
- 1 cup key lime juice (fresh or bottled), room temperature
- 1 stick plus 2 tablespoons unsalted butter, room temperature
- 1 lime, zested
- Cake/Cupcakes
- Store-bought mix or your favorite recipe

- Blueberry Compote
- 1 pint blueberries
- ½ lemon, zested and juiced
- ¼ cup sugar
- Combine all compote ingredients in a small saucepan and bring to a gentle boil. Cook for about 10 minutes or until desired thickness. Remove from pan and cool completely. Store in airtight container in refrigerator.
- Stabilized Blueberry Whipped Cream Frosting

- 1 pint heavy cream, 1 tablespoon reserved, very cold
- 2-4 tablespoons powdered sugar
- 2 teaspoons gelatin powder
- 1 tablespoon cold water
- 1 teaspoon vanilla extract
- 2 heaping tablespoons blueberry compote, room temperature or cold
- Sprinkle gelatin powder over 1 tablespoon cold water and let bloom for about 5 minutes. When fully absorbed (it should form a solid gel), melt in microwave in 5-second increments. When melted and gelatin is dissolved, add 1 tablespoon heavy cream, mix and set aside.
- Pour cold whipped cream into chilled bowl and begin to whip on low. When foamy and beginning to thicken slightly, slowly add powdered sugar and vanilla extract and continue to whip. Add blueberry compote in small spoonfuls, as to not deflate the whipped cream. When stiff peaks form, slowly add in the gelatin mixture and incorporate fully. Do not over-whip, as that can result in the whipped cream breaking. Store in airtight container in refrigerator until ready to use.✱

PETS OF THE WEEK



Buddy ID# A783252 photos provided Lee County Domestic Animal Services

Buddy And Magic

Hello, my name is Buddy. I am a grey 3-year-old male pitbull. I am very appropriately named because I always will be by your side and ready to do whatever you want. Who's your buddy? It could be me. Stop by the Animal Services (LCDAS) adoption center to meet me. My adoption fee is \$10.

Hi, I'm Magic. I am a black 12-year-old male domestic shorthair. I am the 'super senior' and a definite staff favorite at LCDAS. I am as laid back as they come and just as snuggable. I will wrap my arms and paws around your



neck and tuck my head in your neck. I am just a lovebug. My adoption fee is \$10.

LCDAS will host Empty the Shelters and offer waived adoption fees with approved application from May 2 to 7.

Lee County Domestic Animal Services is located at 5600 Banner Drive in Fort Myers. Adoptions are available by appointment Monday through Saturday from 10:30 a.m. to 3:30 p.m. Visit www.leelostpets.com to complete an online application. As always, cats and kittens are adopt one and get a feline friend at no additional charge. For more information, call 533-7387.✱

My Stars ★★★★★
FOR WEEK OF APRIL 25, 2022

- Aries** (March 21 to April 19) Temper your typical Aries urge to charge into a situation and demand answers. Instead, let the Lamb's gentler self emerge to deal with a problem that requires delicacy.
- Taurus** (April 20 to May 20) You are aware of what's going on, so continue to stand by your earlier decision, no matter how persuasive the counterarguments might be. Money pressures soon will ease.
- Gemini** (May 21 to June 20) By all means, have fun and enjoy your newly expanded social life. But don't forget that some people are depending on you to keep promises that are very important to them.
- Cancer** (June 21 to July 22) You need to wait patiently for an answer to a workplace problem and not push for a decision. Remember: Time is on your side. A financial matter needs closer attention.
- Leo** (July 23 to August 22) You now have information that can influence that decision you planned to make. But the clever Cat will consult a trusted friend or family member before making a major move.
- Virgo** (August 23 to September 22)

- Good news: You're finding that more doors are opening for you to show what you can do, and you don't even have to knock very hard to get the attention you're seeking.
 - Libra** (September 23 to October 22) Your gift for creating order out of chaos will help you deal with a sudden rush of responsibilities that would threaten someone less able to balance his or her priorities.
 - Scorpio** (October 23 to November 21) Congratulations. Your energy levels are coming right back up to normal – just in time to help you tackle some worthwhile challenges and make some important choices.
 - Sagittarius** (November 22 to December 21) The sage Sagittarian should demand a full explanation of inconsistencies that might be cropping up in what had seemed to be a straightforward deal.
 - Capricorn** (December 22 to January 19) A conflict between obligations to family and to the job can create stressful problems. Best advice: Balance your dual priorities so that one doesn't outweigh the other.
 - Aquarius** (January 20 to February 18) Don't guess, speculate or gossip about that "mystery" situation at the workplace.
- Bide your time. An explanation will be forthcoming very soon.
- Pisces** (February 19 to March 20) Boredom might be creeping in and causing you to lose interest in a repeat project. Deal with it by flipping over your usual routine and finding a new way to do an old task.
 - Born This Week:** You can warm the coldest heart with your lyrical voice and bright smile. You find yourself at home, wherever you are.

MOMENTS IN TIME

- On May 7, 1824, Ludwig van Beethoven's ninth and final symphony debuts at Vienna's Theater am Karntnertor. Having lost his hearing years earlier, the celebrated composer nonetheless appeared to conduct the first performance of his Ninth Symphony, while the real conductor stood in the wings. Beethoven was several bars off the actual music by the time the piece concluded.
- On May 5, 1904, Cy Young pitches the first perfect game in modern Major League Baseball history as the Boston Americans defeat the Philadelphia Athletics, 3-0. Young's perfect game was part of his then-record 45-inning scoreless streak.
- On May 4, 1916, Germany responds to a demand by U.S. President Woodrow Wilson by agreeing to limit its submarine warfare. However, on Feb. 1, 1917, Germany announced the resumption of unrestricted submarine warfare, and the United States formally entered World War I.
- On May 8, 1933, the first police radio system, connecting headquarters to patrol cars and patrol cars to one another, is installed in Eastchester Township, New York. The system consisted of one transmitter of 20 watts for the headquarters and two transmitters of 4.5 volts each for the two patrol cars.
- On May 3, 1952, a ski-modified U.S. Air Force C-47 becomes the first aircraft to land on the North Pole. Aboard the flight was Dr. Albert P. Crary, an American scientist who in 1961 traveled to the South Pole by motorized vehicle, becoming the first person in history to have stood on both poles.
- On May 2, 1972, Steven Spielberg begins filming "Jaws." The production, which used three mechanical sharks, enthralled audiences and grossed \$458 million in its theatrical release.
- On May 6, 1991, 51-year-old race car driver Harry Gant betters his own

continued on page 22

	FRIDAY Sunny High: 81 Low: 69		SATURDAY Sunny High: 80 Low: 70		SUNDAY Sunny High: 79 Low: 68		MONDAY Mostly Sunny High: 80 Low: 70		TUESDAY Mostly Cloudy High: 79 Low: 68		WEDNESDAY Sunny High: 78 Low: 69		THURSDAY Mostly Cloudy High: 76 Low: 64
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Redfish Pass Tides					Point Ybel Tides					Punta Rassa Tides					Cape Coral Bridge Tides				
Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low	Day	High	Low	High	Low
Fri	1:26 am	6:26 am	12:51 pm	7:30 pm	Fri	12:31 am	6:28 am	11:56 am	7:32 pm	Fri	12:56 am	6:55 am	12:54 pm	7:30 pm	Fri	3:36 am	9:42 am	3:01 pm	10:46 pm
Sat	2:15 am	6:44 am	1:05 pm	8:05 pm	Sat	1:20 am	6:46 am	12:10 pm	8:07 pm	Sat	1:32 am	7:26 am	1:14 pm	8:08 pm	Sat	4:25 am	10:00 am	3:15 pm	11:21 pm
Sun	3:02 am	6:58 am	1:23 pm	8:40 pm	Sun	2:07 am	7:00 am	12:28 pm	8:42 pm	Sun	2:08 am	7:54 am	1:28 pm	8:46 pm	Sun	5:12 am	10:14 am	3:33 pm	11:56 pm
Mon	3:48 am	7:12 am	1:44 pm	9:16 pm	Mon	2:53 am	7:14 am	12:49 pm	9:18 pm	Mon	2:46 am	8:17 am	1:38 pm	9:25 pm	Mon	5:58 am	10:28 am	3:54 pm	None
Tue	4:39 am	7:24 am	2:10 pm	9:56 pm	Tue	3:44 am	7:26 am	1:15 pm	9:58 pm	Tue	3:31 am	8:30 am	1:52 pm	10:05 pm	Tue	6:49 am	12:32 am	4:20 pm	10:40 am
Wed	5:41 am	7:31 am	2:41 pm	10:42 pm	Wed	4:46 am	7:33 am	1:46 pm	10:44 pm	Wed	4:20 am	8:35 am	2:18 pm	10:47 pm	Wed	7:51 am	1:12 am	4:51 pm	10:47 am
Thu	3:18 pm	11:36 pm	None	None	Thu	2:23 pm	11:38 pm	None	None	Thu	5:13 am	8:51 am	2:56 pm	11:33 pm	Thu	5:28 pm	1:58 am	None	None

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**THE RIVER**
WEEKLY NEWS
FROM THE BEACHES TO DOWNTOWN FORT MYERS
**Harry Chapin Food Bank**
OF SOUTHWEST FLORIDA

From page 20

Moments In Time

record as the oldest man ever to win a NASCAR event in the Winston 500 in Talladega, Alabama.

NOW HERE’S A TIP

- A good non-slip bathmat is essential in the tub to prevent accidents. Grab an extra one to drape over the edge of the tub for help when entering and exiting.
- “To remove residue left over from price tags, use hairspray. Remove as much paper as possible, and then give it a good squirt. Use a plastic scraper to lightly scrape off the adhesive.” – LP in Ohio
- “Guacamole is a precious commodity at my house, but sometimes I want a snack, not a whole bowl. I have struggled with how to save the leftovers, because once it browns, it’s done. I learned a new trick, though. Simply put the leftovers in the smallest container possible and tamp down to press out all the air. Then carefully add

a thin layer of water. Seal and refrigerate for up to three days. When you’re ready to dip, pour off the water and stir!” – CD in California

- “I have an old cedar chest from my grandmother that had lost its smell. My husband removed all the contents and sanded it with superfine grit sandpaper. It smells wonderful now.” – JK in Iowa
- Got bread ends? Store in a bag in the freezer until you need breadcrumbs for a recipe. Pulse frozen chunks in a chopper or blender for instantly useable crumbs.
- Need a quick measure? A dollar bill (or other U.S. paper currency) is exactly 6 inches long.

STRANGE BUT TRUE

- Queen Elizabeth II is the only person in all of Britain allowed to legally drive without a license.
- Charles Darwin once conducted a study to discover whether more people with brown hair existed because they were more dependable and likely to settle down and get married. The results were inconclusive.

- In the 1940s during World War II, interest in continental knitting, or knitting with the yarn in one’s left hand, decreased because of its origins in Germany, while English knitting, or knitting with the yarn in the right hand, gained popularity.
- Many of us will not be surprised to learn that approximately five months of a person’s life is spent waiting in a car at red lights.
- Looking to retire at age 65? You might want to reconsider, as scientists have noted that employees should keep working until they turn 80, but the good news is that for optimal productivity, they should also only work 25 hours a week.
- 7UP was originally called “Bib-Label Lithiated Lemon-Lime Soda” and, until 1948, contained the mood-stabilizing drug lithium citrate. One theory claims its abbreviated moniker originated from its seven ingredients – sugar, carbonated water, essence of lemon and lime oils, citric acid, sodium citrate and lithium citrate, with “UP” referring to the lithium-induced mood lift.

- Speaking of product name changes, L’Oreal was founded as the French Harmless Hair Dye Company.
- A 1991 study revealed that female politicians who employed Hollywood makeup artists were 30 percent more likely to win their elections.

THOUGHT FOR THE DAY

“A truly happy person is one who can enjoy the scenery while on a detour.”
– Anonymous

TRIVIA TEST

1. **U.S. Presidents:** How many presidents have been awarded the Nobel Peace Prize?
2. **Movies:** Which Disney character’s catchphrase is “To infinity and beyond!”?
3. **Geography:** How many permanently inhabited territories does the United States have?
4. **Mythology:** What is the name of the Greek goddess of chance?
5. **U.S. States:** How many states call

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ANATOMY OF A WRONGFUL DEATH LAWSUIT
Anatomy Of A Wrongful Death Lawsuit Is the title of my Amazon book which documents my four years of seeking redress for medical maleficence that contributed to my wife’s death. It also educates the citizens of Lee County about Florida’s Sovereign Immunity Statutes. The prefix can be read on Amazon’s book website with 25 percent of all royalties donated to Hope hospice.
4/29 ★ 5/6



MEMBERSHIP COORDINATOR
The Island Water Association, Inc. IWA is accepting applications for the Membership Coordinator position. Salary Range: \$40,000 - 60,000/year
**Paid employee health and dental insurance, bonus opportunities, up to 14 percent company match on 401K, paid vacation and holidays!
The successful candidate for this position will have experience in customer relations and have excellent communication and independent problem-solving skills. This position is responsible for maintaining accurate customer, banking and inventory records, issuing work orders to field personnel and initiating all billing activities of the utility. The Membership Coordinator is the primary contact for utility customers and is expected to be knowledgeable, courteous and professional in all contact and communications to resolve questions, disputes and concerns. The successful candidate will have exceptional organization and communication skills and be self-motivated to learn and accomplish routine scheduled tasks in a timely and accurate manner. Experience using Microsoft Office software, including Outlook, Word and Excel is required. Experience with accounting and billing systems is preferred. Qualified candidates will have a minimum of a two-year degree in a business-related field or equivalent experience.
TO APPLY: Complete IWA’s online employment application at www.islandwater.com/employment
COVID-19 vaccination required, to the extent allowed by law.
4/29 ★ 4/29



WATER PLANT OPERATOR TRAINEE
The Island Water Association, Inc. IWA is accepting applications for a Water Plant Operator Trainee. Salary Range: \$40,000-\$60,000/year
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- themselves commonwealths?
6. **History:** How many people worldwide were killed by the Black Death pandemic in the 1400s?
7. **Science:** What layer of air is closest to Earth in the atmosphere?
8. **Television:** Which animated TV comedy includes the fictional school Springfield Elementary?
9. **Advertising:** A sales clerk named Lily promotes which company in advertisements?
10. **Literature:** George Smiley is a character in which 1974 novel?

TRIVIA ANSWERS

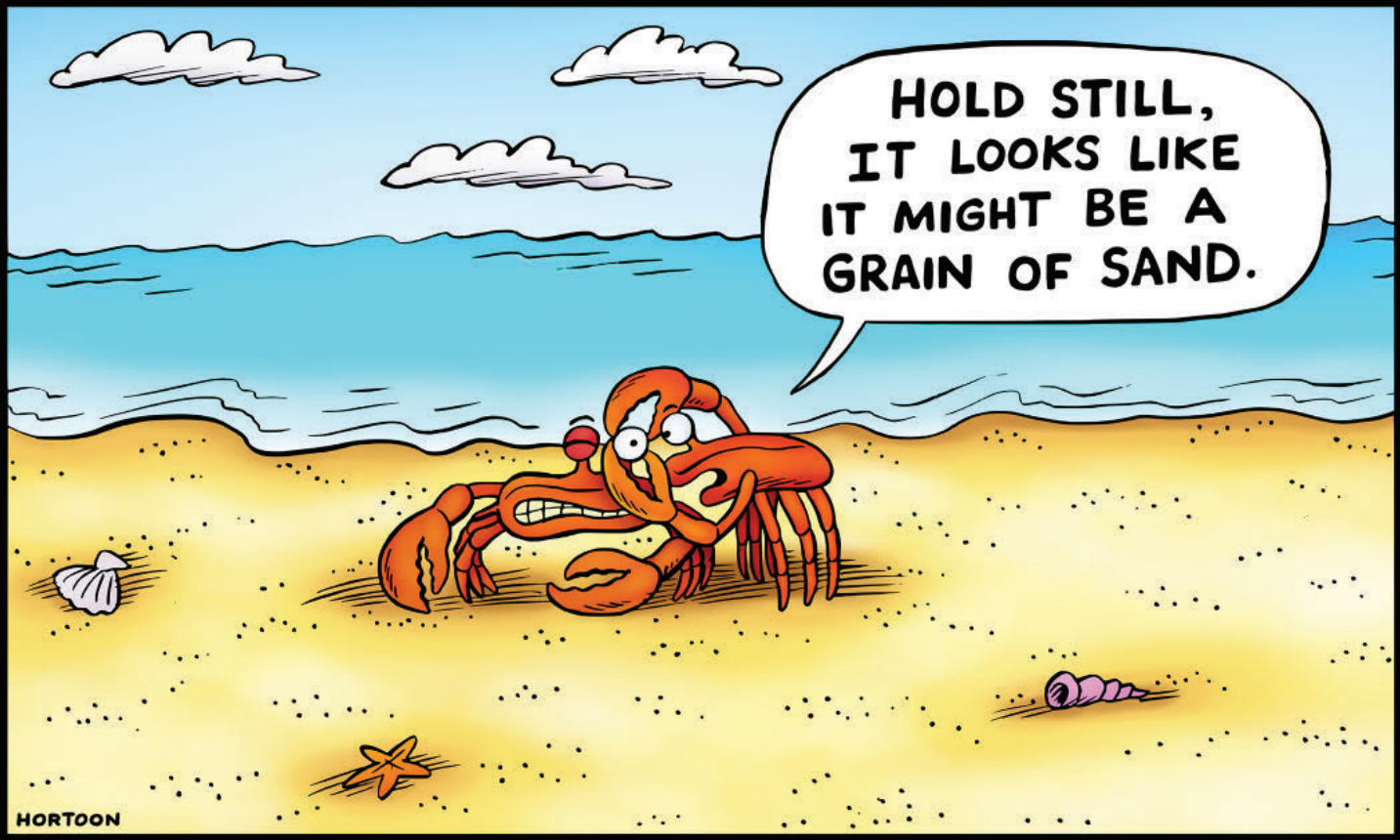
1. Four. Barack Obama, Jimmy Carter, Woodrow Wilson and Theodore Roosevelt
2. Buzz Lightyear, Toy Story
3. Five
4. Tyché
5. Four (Kentucky, Massachusetts, Pennsylvania and Virginia)
6. Estimates range from 25 million to 200 million
7. The Simpsons
8. The Simpsons
9. AT&T
10. Tinker, Tailor, Soldier, Spy.

SCRAMBLERS ANSWER

1. Parody 2. Tartan
3. Intact; 4. Grief

Today's Word
DINNER

HORTOONS



PUZZLE ANSWERS

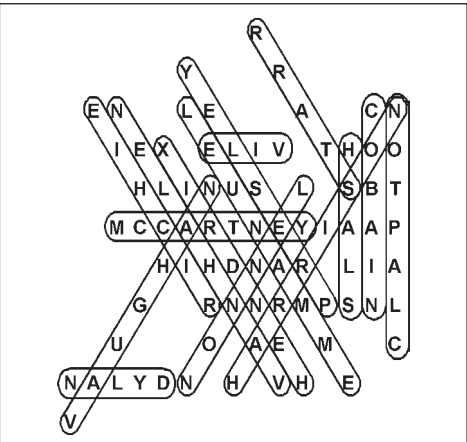
SUPER CROSSWORD

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KING CROSSWORD

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MAGIC MAZE



SUDOKU

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Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Admiral's Isle	Fort Myers	2004	7,017	\$3,700,000	\$3,495,000	130
San Carlos On The Gulf	Fort Myers Beach	1963	1,692	\$3,500,000	\$3,250,000	4
Westlake Court	Estero	2022	4,644	\$2,683,000	\$2,683,000	0
Hidden Harbor	Bonita Springs	1991	3,630	\$2,400,000	\$2,500,000	11
Cape Harbour	Cape Coral	2015	3,315	\$2,495,000	\$2,325,000	52
Water's Edge	Fort Myers	2017	3,852	\$2,250,000	\$2,150,000	0
Cape Coral	Cape Coral	2019	2,532	\$1,699,000	\$1,875,100	6
Woodlake At Bonita Bay	Bonita Springs	1986	3,506	\$2,100,000	\$1,790,000	10
Sandpiper Village	Fort Myers Beach	1998	2,867	\$1,995,000	\$1,745,000	35
The Place At Corkscrew	Estero	2022	4,516	\$1,499,999	\$1,475,000	18



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